



ROCKY MOUNTAIN DIVISION
Professional Ski Instructors of America
American Association of Snowboard Instructors

Alpine Tricks of the Trees

Duration: 1 day (6 CEUs)

Course Description:

Take your skiing skills from the groomers to the trees and explore tactics for teaching in, and bringing students to new and exciting adventures. Blend fundamentals for specific outcomes to ski varying terrain and conditions and develop solid skills to build confidence and comfort skiing in the trees. Clinicians will guide you in your own development, teaching progressions, class handling and tactical considerations for taking students into the forested and unprotected world of tree skiing.

Prerequisite Courses:

- Alpine Level 1 certified

Prerequisite Skills:

- Comfortable and confident on a variety of blue terrain including variable snow conditions

Learning Outcomes:

By the end of this clinic, successful participants will be able to:

- Demonstrate and describe how varying DIRT of fundamentals helps for skiing in the trees with control and confidence.
- Describe how to manage a group of students while moving through tree skiing terrain.
- Describe the skills and tactics required to ski in the trees and how to develop and recognize them in your students.
- Describe how to teach people in tree skiing terrain and how to safely transition off the groomers and into the trees.

Potential Learning Experiences:

- Discuss with the group current challenges they have when teaching or skiing in tree terrain and what skills and tactics will address those challenges.
- Ski through different activities to explore how varying the DIRT of body and ski performance of the activities are applicable on groomed terrain and in the trees.
- Practice skiing with direct feedback on ski and body performance from the clinic leader
- Practice navigating tree terrain as a group and tactics for group management.
- Ski through activities that are helpful for identifying skills in students necessary for tree skiing