



ROCKY MOUNTAIN DIVISION
Professional Ski Instructors of America
American Association of Snowboard Instructors

Alpine Tricks of the Trees

Duration: 1 day (6 CEU's)

Course Description:

- Take your basic skiing skills from the groomers into the trees
- Tactics for teaching and exploring this type of terrain with students
- Skiing other types of terrain that will develop solid skills for being confidence and comfortable skiing in the trees
- Selecting tree runs and class handling in the tree environment

Prerequisite Courses:

- PSIA-AASI membership
- Alpine Level 1 certified

Prerequisite Skills:

- Comfortable on a variety of blue terrain including variable snow conditions

Learning Outcomes:

By the end of this clinic, successful participants will be able to:

- Demonstrate skiing in the trees with control and confidence.
- Describe how to manage a group of students while moving through tree skiing terrain.
- Describe the skills required to ride in the trees and how to develop and recognize them in your students.
- Describe how to teach people in tree skiing terrain and how to safely transition off the groomers and into the trees.

Sample Activities:

- Discuss with the group current challenges they have when teaching or skiing in tree terrain and what tactics and technique will address those challenges
- Ski through different drills and explore how the movements that are developed during the drill are applicable on groomed terrain and in the trees.
- Practice skiing with direct feedback on ski and body performance from the clinic leader
- Practice navigating tree terrain as a group and tactics for group management
- Ski through activities that are helpful for identifying skills in students necessary for tree skiing