



# **PSIA-Rocky Mountain-AASI** **401 Clinic Leading** **& Presentation Skills**



**Discipline:** Alpine

**Time:** 2 days

**Setting:** Day 1: Indoor, Day 2: On-Snow

## **Course Description:**

Designed for Rocky Mountain Trainer Selection candidates and area resort trainers, this 2-day clinic will introduce and develop the skill sets required for leading both indoor and on-snow training.

**Day one/ Indoor:** You will explore the mechanics of public speaking and training, how to create realistic and tangible objectives and training to achieve stated objectives using experiential training components in a casual indoor setting of peers and RMT selectors.

**Day two/ On-Snow:** You will focus skills learned in day to the on-snow environment, experiment with activities and progression lines to meet specific objectives. Practice precise communication skills in front of your peers while learning strategies to coach them towards excellence. Practice giving feedback and receive suggestions for improvement.

Come prepared to present skiing and technical concepts in both an indoor and outdoor environment of peers and RMT Selectors. Emphasis will be on experimentation and development. Participants will receive feedback about their presentations and recommendation for further development with regard to home area training and/or the Rocky Mountain Trainer Selection.

## **Required Prerequisite Courses: Current L3 Certification**

### **Course Objectives:**

- By presenting several times in a safe learning environment, participants will more comfortably connect more with their audience. (Affective)
- To demonstrate basic presentation mechanics (i.e. establish eye contact with audience, move for a purpose, be the center of their presentation) (Psycho-motor)
- Participants will demonstrate a Basic understanding of how to use objectives to structure training. This will include:
  - Designing measurable objectives with Audience, Behavior, Condition, Degree and Effect. **(Cognitive)**
  - Delivering 10 and 30-minute trainings that meet a designed objective. **(Cognitive)**
- Participants will demonstrate a basic understanding of the Experiential Training Cycle by delivering 2 presentations that contain Concrete Experience, Reflective Observation, Abstract Conceptualization and Active Experimentation. (Cognitive)
- In the indoor setting, you will present a portion of materials from Technical Foundations, Teaching Theory and Movement Analysis Clinics, participants will increase their ability to develop instructors. (Cognitive)
- In the on-snow setting, you will present a portion of material from outlines such as All Mountain

## ***401 – Indoor Clinic Leading & Presentation Skills***

Performance, MA 201 On-Snow, Precision Skiing 201, etc. (Cognitive)

- Participants will learn to evaluate the effectiveness of delivered training by estimating the degree to which an objective was met. **(Cognitive)**

# **401 – Indoor Clinic Leading & Presentation Skills**

## **Sample Activities:**

### **Day 1 – 9:00 – 4:00**

- Intro – Have each participant present to the group  
Who are you?  
What will have happened in the next 2 days that will make this an outstanding experience?  
Have them write this down. Hand in or post on wall.  
Outline the next 2 days – connect activities to some of participants needs.
- Presentation Mechanics – connect with your audience  
Eye contact - 7 sec.  
Athletic stance - move for purpose  
You are the most important part of the presentation  
Practice – Talk about something you know. Story, experience, joke
- Objectives Based Training – Define components.  
Audience, Behavior (observable, measureable), Condition, Degree, Effect  
Practice – Write several objectives – How does Behavior change as Effect changes?  
Be specific, it will be easier to evaluate whether or not objective has been met.
- Kolb's Experiential Training – Structuring Activities to expand learning  
Concrete Experience                      Reflective Observation  
Abstract Conceptualization      Active Experimentation  
Practice creating activities that cycle through the 4 components
- Clinic Outlines  
Title – What is the subject?  
Description – Where will the clinic go?  
Objectives – How will you know when you get there?  
Activities (Kolb) – How will you structure the learning?
- **Choose 2 Presentations for tomorrow (10 & 15 min.)**

<b>Kolb's Experiential Learning</b>	<b>Basic Skiing Physics</b>
<b>Multiple Intelligences</b>	<b>Ski Design-Rocker, Side cut, etc.</b>
<b>Bloom's Taxonomy</b>	<b>Skills Concept</b>
<b>Maslow's Hierarchy of Needs</b>	<b>Biomechanics of Rotary, Edging, Pressure Control</b>
<b>GCT / ATS / CAP Teaching Models</b>	<b>Basic Boot Setup &amp; Alignment</b>
<b>Developing Goal Statements</b>	<b>MA Model &amp; Filter-Differentiate L1,2,3</b>
<b>Strategies for Identifying Guests' Needs</b>	
<b>Facilitating Guests' Needs</b>	

Write objectives. Plan experiential activities

Suggest participants choose a topic where the content is familiar to work on presentation mechanics, objectives & experiential activities. Choose another topic to work on the content.

# ***401 – Indoor Clinic Leading & Presentation Skills***

## **Day 2 – 9:00 – 4:00**

- Warm up – 2 min. (e.g. Best memory of beginning to ski.)
- Presentations – 10 min. (8pp = 2hrs.)
- Review – 5 min. – Presentation Mechanics, Technical Content, Experiential Learning Activities
- Lunch – 12-1
- Presentations – 15 min. each participant (8pp = 2hrs. 40min.)
- Review – 5 min. – Presentation Mechanics, Technical Content, Experiential Learning Activities

## **Materials:**

RMT Selection Outline & Scorecard

Kolb's Experiential Learning Model

Training by Objective Handout

Clinic Outline Handout

Technical Foundations, Teaching Theory, Movement Analysis DVD's

Computer / Projector