ROCKY MOUNTAIN

PSIA-RM ALPINE CURRICULUM CATALOG

2026/27



INTRODUCTION TO THE CURRICULUM GUIDE

Welcome to the Rocky Mountain continuing education program! You'll find all of RM's continuing education clinics here. They are broken into two main categories: Certification Prep and Continuing Education.

Certification Prep Clinics Overview

Certification Prep clinics are designated in a classic curriculum format that aligns with the exam level: 100 series for Level 1, 200 series for level 2, 300 series for level 3, and 400 series for Alpine Trainer.

Skiing clinics with multiple designations (e.g. 201, 202, 203) focus on specific sections of the skiing score card. Expect a deep dive and building connections to all aspects of skiing. Together the series provides an in-depth exploration of all aspects of the scorecard.

If you are seeking a level of certification these clinics provide a wealth of information and experience. Combined with your resort training they help lay the foundation for success. Below is a general guideline for recommended certification-focused training in total (Cert Prep clinics, home resort training, on-line training, etc.) The next level is in addition to the previous. Some individuals may require less, some more.

L1: 25 hours

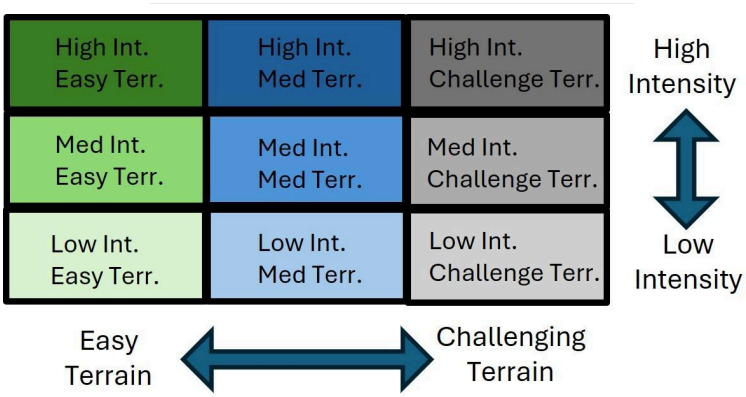
L2: 80 hours

L3: 110 hours

Continuing Education Clinics Overview

Continuing Education Clinics are intended for all pros to continue their professional development and growth, as well as meet Continuing Ed credits to maintain certification. They are identified by two main characteristics: Intensity and Terrain

Intensity moves from Low to High and terrain from Easy to Challenging (Easy also being more groomed and Challenging representing variable off-piste terrain).



If you are looking for a clinic requiring less energy and groomed terrain, you could look to the describer of “Cruising the Groomers” and the first sentence lays it out: “Keep the *intensity low* and the accuracy high in this fun but focused clinic on the *groomers*.” All clinics are clear on expected Intensity and Terrain.

Whether you are in the certification pathway or looking to increase your overall knowledge and skills as a pro, the RM curriculum offers opportunities across the board delivered by a passionate and talented group of leaders. We look forward to seeing you on the hill this season!

Each clinic outline will have the above grid in the upper right corner, showcasing the Intensity & Terrain for that clinic. Use this grid to establish the expectations for the clinic.

Updates for the 26/27 Season

We are excited to share the list of updates and new clinics for the 26/27 season.

- All of our clinic descriptions got an update this summer.
- The Clinic Catalog’s Continuing Education section is now organized by the clinics’ intensity of skiing for quicker reference.
- The PSIA-RM IDP has been replaced by the National Assessment Activity List
- The Common Threads have been renamed the Indicators of Integration
- The Indicators of Integration have be updated to the following for added clarity:
    - Both skis maintain contact with the snow.
    - The lower legs show similar forward angles.
    - Both skis are guided to begin the turn.
    - A countered relationship is visible through the transition between turns.

- The legs show independent flexion and extension as the body moves from one turn to the next.
- The torso remains stable while the legs move freely beneath it.

New Clinics:

- Technical Understanding 201
- Technical Understanding 301
- Alpine Regional Selections Training- The Whole of It, Broken Down
- Alpine Regional Selections Training- Mistaking Reflection for Substance

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CERTIFICATION PREP CLINICS

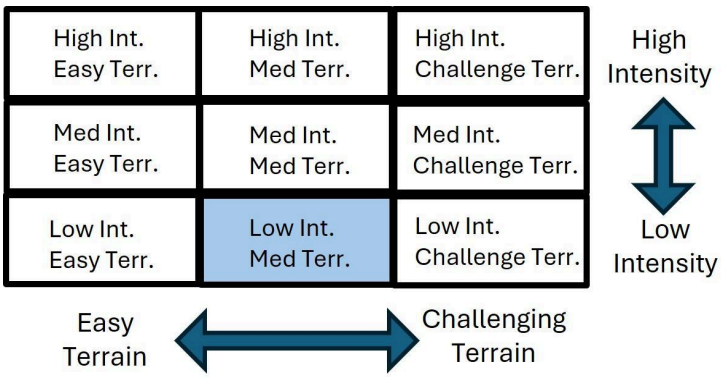
Precision Skiing 101

Duration

2 Days / 12 CEUs

Learning Connection Highlight

Technical, Teaching, and People Skills



Course Description

This on-snow course builds the foundation for your Alpine Level 1 Certification. Practice the Level 1 Skiing Assessment Activities, sharpen basic movement analysis, and workshop how to teach beginner and novice skiers with confidence.

Terrain: primarily groomed and ungroomed green/blue.

Recommended Preparatory Learning or Prerequisites

- PSIA-AASI Alpine Level 1 E-Learning Course on the PSIA-AASI National website (www.thesnowpros.org).

Prerequisite Courses and Skills

- Current PSIA-AASI membership
- Safely ski all groomed and ungroomed green and blue terrain in a group setting.
- Knowledge and application of the NSAA Responsibility Code

Learning Outcomes

By the end of this clinic, successful participants will be able to:

- Demonstrate Level 1 Skiing Assessment Activities
- Analyze a peer skiing Wedge Turns using the Skiing Fundamentals and establishing body and ski cause-and-effect relationships.
- Provide prescriptions for change based on movement analysis of a peer skiing Wedge Turns.
- Teach a peer in the beginner zone using the Teaching/Learning Cycle.

Learning Experiences

- Practice Level 1 Skiing Assessment Activities from the National Assessment Activity List.

- Explore the Indicators of IntegrationIndicators of Integration (both skis remain on the snow, ankles work in unison creating matching forward angles, skis are simultaneously guided to begin the turn, a countered relationship is maintained through the finish of the turn, the legs flex and extend independent of each other to move the Center of Mass laterally from turn to turn, and pole use and position supports the stability of the torso) in Wedge Turns and Wedge Christies.

- Discuss and explore ski and body cause-and-effect relationships.

- Observe peers skiing Wedge Turns.

- Observe the Examiner analyzing group members Wedge Turns. Discuss strategies for analysis including observations, prioritizing a Skiing Fundamental, cause-and-effect relationships, highlighting turn phases, speed, turn shape, turn size, and ski-snow interaction.

- Practice movement analysis on a peer skiing Wedge Turns.

- Discuss strategies for teaching beginners and novice skiers skiing. Ski lesson topics that aren't focused on ski technique (e.g. equipment orientation, clothing, getting up from a fall, riding lifts safely, etc.) will not be included. Encourage participants to learn these topics via the PSIA-AASI Teaching Manual, "Delivering the Beginner Experience" e-learning course, and new hire training.

- Practice teaching 2 peers in a group lesson format using the content from the PSIA-RM "Level 1 Teaching Progression Examples."

Materials/Equipment Needed

- National Assessment Activity List
- Alpine Performance Guide
- Level 1 Assessment Form
- Level 1 Teaching Progression Examples
- Recommended Equipment Considerations
    - Tuned skis narrower than 98 mm underfoot
    - Alpine Ski Boots (Alpine Touring Boots are not recommended)

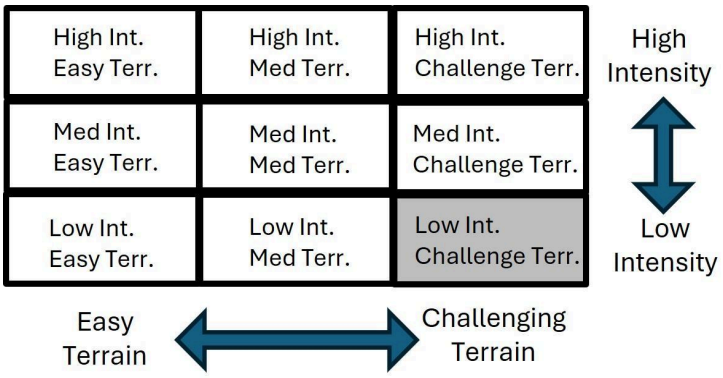
Precision Skiing 201 (Integrated Fundamentals Assessment Activities)

Duration

1 Day / 6 CEUs

Learning Connection Highlight

Technical Skills



Course Description

Train for the Integrated Fundamentals Assessment in the Alpine Level 2 Skiing Assessment. Learn and apply the Indicators of Integration that connect Wedge, Wedge Christie, Basic Parallel, and Dynamic Turns.

Terrain: primarily groomed green/blue, with occasional ungroomed and black diamond runs depending on conditions.

Recommended Preparatory Learning or Prerequisites

- Precision Skiing 202 and/or 203
- Technical Foundations

Prerequisite Courses and Skills

- Level 1 Certified instructors pursuing Alpine Level 2 Certification.
- Safely ski green, blue, and black diamond trails.

Learning Outcomes

By the end of this clinic, successful participants will be able to:

- Demonstrate the common mechanics shared by Wedge, Wedge Christie, and Basic Parallel Turns using the Indicators of Integration (both skis maintain contact with the snow, the lower legs show similar forward angles, both skis are guided to begin the turn, a countered relationship is visible through the transition between turns, the legs show independent flexion and extension as the body moves from one turn to the next, the torso remains stable while the legs move freely beneath it).

- Explain how the Indicators of Integration relate to the skiing fundamentals and skiing skills.

- Make tactical choices that support effective demonstrations

Learning Experiences

- Introduction to the Indicators of Integration (both skis maintain contact with the snow, the lower legs show similar forward angles, both skis are guided to begin the turn, a countered relationship is visible through the transition between turns, the legs show independent flexion and extension as the body moves from one turn to the next, the torso remains stable while the legs move freely beneath it). Explore how they are evident in Wedge, Wedge Christie, and Basic Parallel Turns.

- Introduction to how the skiing skills have equal importance through the Center Line while changing the D.I.R.T. of the skills at each milestone.

- Practice Wedge Turns, Wedge Christie, and Basic Parallel turns to develop the ability to demonstrate the Indicators of Integration.

- Explore other skiing tasks to emphasize movement patterns and/or aspects of the Indicators of Integration to improve performance of Wedge, Wedge Christie and Basic Parallel Turns.

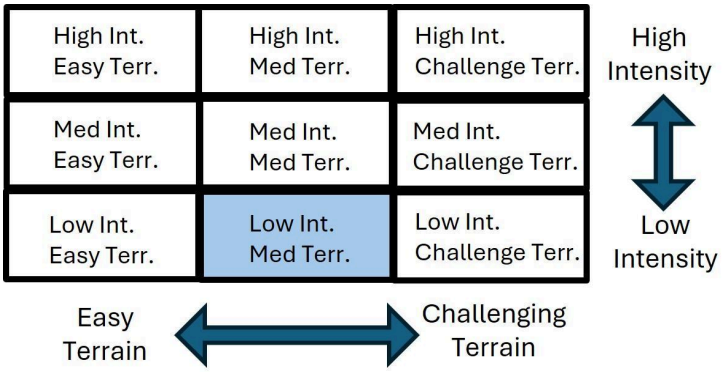
- Discuss and practice performance tactics for effective demonstrations.

Materials/Equipment Needed

- National Assessment Activity List
- Alpine Performance Guide
- Level 2 Skiing Assessment Form
- Recommended Equipment Considerations
    - Tuned skis narrower than 98 mm underfoot

- Alpine Ski Boots (Alpine Touring Boots are not recommended)

Precision Skiing 202 (Individual Fundamentals Assessment Activities)



Duration

1 Day / 6 CEUs

Learning Connection Highlight

Technical Skills

Course Description

Train for the Individual Fundamentals Assessment in the Alpine Level 2 Skiing Assessment, clarifying and refining your demonstrations from the National Assessment Activity List.

Terrain: primarily groomed green/blue, with occasional ungroomed and black diamond runs depending on conditions

Recommended Preparatory Learning or Prerequisites

- Precision Skiing 201 and/or 203
- Technical Foundations

Prerequisite Courses and Skills

- Level 1 Certified instructors pursuing Alpine Level 2 Certification.
- Safely ski green, blue, and black diamond trails.

Learning Outcomes

By the end of this clinic, successful participants will be able to:

- Demonstrate adaptation of skiing fundamentals and intentionally emphasize select skiing skills (without neglecting the others) to demonstrate assessment activities from the Individual Fundamentals Assessment Activities on the National Assessment Activity List.
- Make tactical choices that support effective demonstrations
- Identify assessment activities to practice for personal skill development

Learning Experiences

- Identify assessment activities from the National Assessment Activity List Individual Fundamentals section that require clarification and/or practice.
- Practice assessment activities from the National Assessment Activity List Individual Fundamentals section with variations to enhance performance and understanding.
- Discuss technical topics as needed to clarify intentions.
- Identify tactics that enhance demonstrations.

Materials/Equipment Needed

- National Assessment Activity List
- Alpine Performance Guide
- Level 2 Skiing Assessment Form
- Recommended Equipment Considerations
    - Tuned skis narrower than 98 mm underfoot
    - Alpine Ski Boots (Alpine Touring Boots are not recommended)

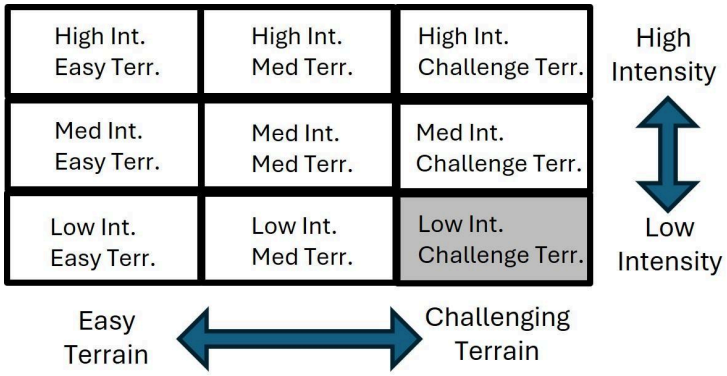
Precision Skiing 203 (Versatility Assessment Activities)

Duration

1 Day / 6 CEUs

Learning Connection Highlight

Technical Skills



Course Description

Train for the Versatility Assessment Activities within the Alpine Level 2 Skiing Assessment. Learn to intentionally adapt skiing fundamentals, skill blends, and tactics, varying turn shape, size, and line at different speeds in groomed and ungroomed conditions.

Terrain: primarily groomed and ungroomed green/blue, with occasional black diamond runs depending on conditions.

Recommended Preparatory Learning or Prerequisites

- Precision Skiing 201 and/or 202
- Technical Foundations

Prerequisite Courses and Skills

- Level 1 Certified instructors pursuing Alpine Level 2 Certification.
- Safely ski green, blue, and black diamond trails.

Learning Outcomes

By the end of this clinic, successful participants will be able to:

- Adapt fundamentals and intentionally leverage select skills (without neglecting the others) to demonstrate assessment activities from the Versatility Assessment Activities on the National Assessment Activity List.

- Identify how application of fundamentals and/or skill blends are adapted to vary turn shape, size, and line in different skiing situations.

- Align skiing tactics for effective performance and demonstrations.

Learning Experiences

- Review the Indicators of Integration (both skis maintain contact with the snow, the lower legs show similar forward angles, both skis are guided to begin the turn, a countered relationship is visible through the transition between turns, the legs show independent flexion and extension as the body moves from one turn to the next, the torso remains stable while the legs move freely beneath it).

- Practice Versatility Assessment Activities from the National Assessment Activity List. Practice variations within the Assessment Activities to enhance performance and understanding.

- Discuss technical topics as needed to clarify intentions.

- Identify tactics that enhance demonstrations.

Materials/Equipment Needed

- National Assessment Activity List
- Alpine Performance Guide
- Level 2 Skiing Assessment Form
- Recommended Equipment Considerations
    - Tuned skis narrower than 98 mm underfoot
    - Alpine Ski Boots (Alpine Touring Boots are not recommended)

Movement Analysis 201 Online

Duration

Two, 2.5-hour sessions / 6 CEUs

Learning Connection Highlight

Technical Skills

Course Description

Train for the Alpine Level 2 Movement Analysis and Technical Understanding Assessment. Learn to observe, describe, evaluate, and prescribe specific changes relative to desired outcomes for intermediate level skiers, analyzing ski performance and body movements to identify cause and effect relationships.

Format: two 2.5-hour online sessions via Zoom. Computer with internet access required.

Recommended Preparatory Learning or Prerequisites

- Technical Foundations
- Precision Skiing 201, 202, and/or 203

Prerequisite Courses and Skills

- Level 1 Certified instructors pursuing Alpine Level 2 Certification
- Familiarity with Zoom video calls
- Ability to identify and distinguish between the 5 Skiing Fundamentals

- Ability to identify and distinguish between the 3 Skiing Skills (Edge Control, Rotary Control, and Pressure Control)

Learning Outcomes

By the end of this clinic, successful participants will be able to:

- Observe body and ski performances that relate to the same skiing fundamental
- Communicate observed body and ski performances
- Relate how the observed body and ski performances affect each other in a “cause and effect” relationship
- Compare observed performance with desired performance
- Prescribe specific changes in body and ski performance to attain desired performance

Learning Experiences

- Watch videos of expert demonstrators skiing basic parallel turns. Group discussion led by clinic leader includes:
    - How the skier maintains consistent speed through shaping their turns
    - How the skier uses each of the skiing fundamentals to achieve the desired performance. Discussion includes how body and ski performances relate to each other.
- Watch videos of intermediate skiers. Group discussion led by clinic leader includes:
    - Observed differences in speed and turn shape from desired performance. Compare with the ideal skiing seen earlier.
    - Observed application of skiing fundamentals including body and ski performances. Relate body and ski performances in “cause and effect” relationships.
    - Incorporate Duration, Intensity, Rate, and Timing of ski and body performances to enhance descriptions.

- Discuss prescriptions for change for the intermediate skiers. Relate changes in body and ski performances for desired performances.
- Discuss tactics for optimizing performance in assessments. Topics include:
    - Starting analyses with body or skis
    - Starting analyses with big picture or details
    - Starting analyses with prescription for change or description of observed skiing

Materials/Equipment Needed

- Computer with internet access
- Video of Ideal Basic Parallel Skiing (multiple skiers is better). Videos from the Matrix or YouTube are recommended
- Video of Intermediate Skiers
- Alpine Performance Guide
- PSIA Alpine Technical Manual

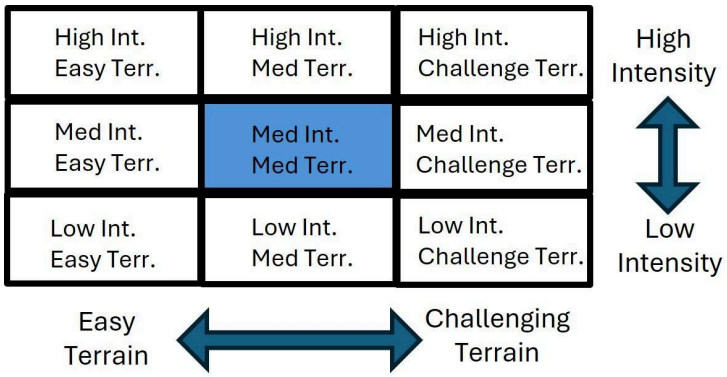
Movement Analysis 201 On-Snow

Duration

1 Day / 6 CEUs

Learning Connection Highlight

Technical Skills



Course Description

Train for the Alpine Level 2 Movement Analysis and Technical Understanding Assessment with guided, real-time practice. Analyze your peers' skiing, have your own performance analyzed in turn, and compare it against the desired outcome.

Terrain: groomed and ungroomed green and blue, with skiing tasks in the intermediate skier zone.

Recommended Preparatory Learning or Prerequisites

- Technical Foundations
- Precision Skiing 201, 202, and/or 203
- Movement Analysis 201 Online

Prerequisite Courses and Skills

- Level 1 Certified instructors pursuing Alpine Level 2 Certification
- Safely ski all green and blue trails (groomed and ungroomed)

Learning Outcomes

By the end of this clinic, successful participants will be able to:

- Analyze the skiing performance of their peers skiing a prescribed intermediate-level ski task. Analyses will cover multiple skiing fundamentals.
- Compare their skiing performance to the desired performance in the intermediate zone. Comparisons will cover multiple skiing fundamentals.

Learning Experiences

The skiing tasks used for movement analysis and technical understanding practice sessions should be from the National Assessment Activity List Level 2 Integrated and/or Versatility Assessment Activities.

- Observe the clinic leader analyzing skiing performance of participants.
- Clinic Leader provides guided practice for participants analyzing skiing performance of a peer performing a predetermined intermediate-level skiing task from the National Assessment Activity List.
- Clinic leader provides guided practice for participants comparing their skiing performance of a predetermined intermediate-level skiing task with the desired performance.
- Discussions, reflections of analyses, and exploration of technical topics as needed.

Materials/Equipment Needed

- National Assessment Activity List (Level 2 Integrated and Versatility Assessment Activities)
- Alpine Performance Guide (Level 2 Movement Analysis and Technical Understanding)

- Level 2 Movement Analysis and Technical Understanding Assessment Form
- Recommended Equipment Considerations
    - Tuned skies narrower than 98 mm underfoot
    - Alpine Ski Boots (Alpine Touring Boots are not recommended)

ROCKY MOUNTAIN

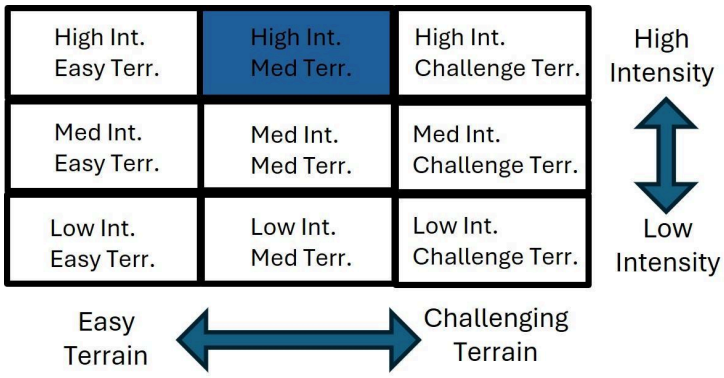
Technical Understanding 201

Duration

1 Day / 6 CEUs

Learning Connection Highlight

Technical Skills



Course Description

Train for the Alpine Level 2 Movement Analysis and Technical Understanding Assessment. Learn to go beyond identifying technical fundamentals and body movements to explaining how they change ski performance, ski-snow interaction, and ultimately the skier's motion. Through scenario-based skiing, apply concepts from physics, biomechanics, the Alpine Skiing Fundamentals, equipment, and tactics to investigate how movements influence turn shape and speed control for intermediate skiers.

Terrain: groomed and ungroomed green, blue, and black. Expect higher intensities and a physically demanding day.

Recommended Preparatory Learning or Prerequisites

- Read the PSIA *Alpine Technical Manual* (essential)
- Technical Foundations (highly recommended)
- Precision Skiing 201, 202, and/or 203

Prerequisite Courses and Skills

- Level 1 Certified instructors pursuing Alpine Level 2 Certification
- Safely ski all green and blue trails (groomed and ungroomed)

Learning Outcomes

By the end of this clinic, successful participants will be able to:

- Explain how body movements, ski performance, and ski-snow interactions interact to influence the motion of the skier in the intermediate zone.

- Use the Alpine Skiing Fundamentals to relate body movements to changes in ski performance.
- Explain how ski performance and ski-snow interactions affect external forces and the resulting motion of the skier (speed, momentum, turn shape, and/or turn size).
- Describe how terrain, snow conditions, and equipment influence these relationships.

Learning Experiences

The main purpose of the activities is to help participants learn that movements do not have fixed outcomes. Outcomes depend on how the movements change ski performance, ski–snow interaction, and ultimately the skier's motion.

The experiences below are examples, not a prescribed sequence or set of activities. Clinicians should use appropriate tasks, scenarios, and participant beliefs or statements as they arise to explore and challenge technical understanding.

- Test the plausible but incomplete claim, *"Turning the legs under a stable upper body makes a turn."* Explore how leg rotation changes ski orientation while varying edge angle, pressure, speed, and ski–snow interaction. Distinguish between where the skis point, where they travel, and the path of the skier. Identify the resulting ski performances and relate them to changes in the direction of the skier's center of mass.
- Use Level 2 tasks and task variations to investigate the claim, *"More edge angle creates more turning."* Explore inclination and angulation while varying edge angle, speed, turn shape, and ski orientation. Compare resulting ski performances, including carving, brushing, sideslipping, and ski bending, and relate them to changes in turn radius and the skier's path. Explore why edge angle alone does not determine the outcome.
- Investigate pressure through the claims, *"More pressure makes the ski turn more"* and *"More pressure slows the skier down."* Use flexion, extension, alignment, and other movements to vary how and when pressure develops. Compare how pressure can accompany increased direction change, acceleration, braking, skidding, or other outcomes. Relate these differences to ski orientation, edge angle, speed, turn phase, and the direction and magnitude of external forces.
- Explore **turn shape and speed control** through the claim, *"Finishing the turn controls speed."* Compare progressive direction change with abrupt braking later in the turn. Explore how gravity, momentum, ski orientation, edge angle, pressure, and ski–snow interaction combine to influence the skier's path and speed.

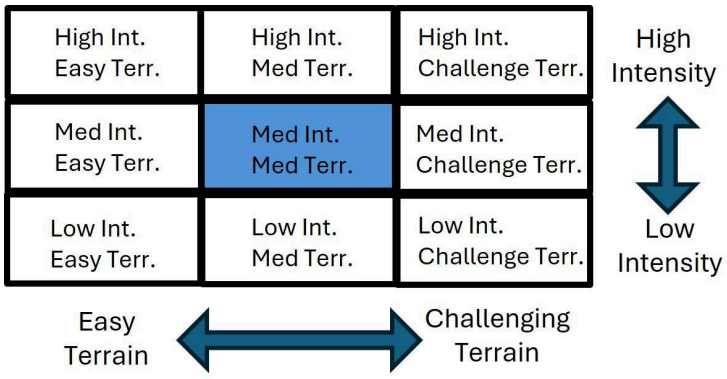
Materials/Equipment Needed

- PSIA National Assessment Activity List
- Alpine Performance Guide (Level 2 Movement Analysis and Technical Understanding)
- Level 2 Movement Analysis and Technical Understanding Assessment Form
- Recommended Equipment Considerations
    - Tuned skies narrower than 98 mm underfoot
    - Alpine Ski Boots (Alpine Touring Boots are not recommended)

Teaching 201

Duration

1 Day / 6 CEUs



Learning Connection Highlight

Teaching and People Skills

Course Description
Train for the Alpine Level 2 Teaching Assessment by planning effective learning experiences for intermediate students (levels 5-7) through collaboration and goal alignment. Use intermediate and advanced skiing tasks to drive student progress, engagement, buy-in, and reflection.

Terrain: groomed and ungroomed green, blue, and black.

Recommended Preparatory Learning or Prerequisites

- Precision Skiing 201, 202 and/or 203
- Technical Foundations
- Movement Analysis 201 Online and/or On-Snow

Prerequisite Courses and Skills

- Level 1 Certified instructors pursuing Alpine Level 2 Certification
- Safely ski green, blue, and black diamond trails

Learning Outcomes

By the end of this clinic, successful participants will be able to:

- Incorporate the motivations of level 5-7 students into lessons.
- Plan progressive learning experiences based on observations and skier's goals in intermediate to advanced alpine skiers (levels 5 - 7).

Learning Experiences

- Explore common motivations of intermediate to advanced skiers, drawing on group experiences and emphasizing the broader goals that guide their skiing.
- Ski through changes intermediate skiers need to make to achieve their goals. Consider how the application of fundamentals shifts when increasing speed, changing ski performance, adapting to steeper terrain, or transitioning from on-piste to off-piste.
- Clinic Leaders will demonstrate how to connect big-picture student goals with the development of at least one Alpine Skiing Fundamental to plan relevant progressions with clear direction and focus.
- Explore how to adapt the initial lesson plan to evolving student needs. How might an instructor alter the pacing, amount and type of feedback, choice of activities, and/or group management to create a successful lesson.
- Participants will practice planning lessons that apply progressive learning experiences, aligning with student motivations and maintaining clear direction and focus.

Materials/Equipment Needed

- Alpine Performance Guide
- Level 2 Teaching Assessment Form
- PSIA-AASI Teaching Manual

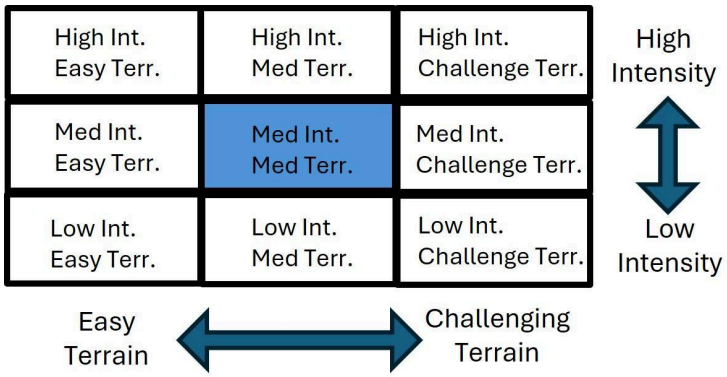
Recommended Equipment Considerations

- Tuned skis narrower than 98 mm underfoot
- Alpine Ski Boots (Alpine Touring Boots are not recommended).

Teaching 202

Duration

1 Day / 6 CEUs



Learning Connection Highlight
Teaching and People Skills

Course Description
Train for the Alpine Level 2 Teaching Assessment by creating impactful learning environments that support breakthroughs for level 5-7 students. Leverage variables like speed, turn shape, and terrain, intentionally adjusting the level of challenge to keep students engaged, confident, and reflecting on their progress.

Terrain: groomed and ungroomed green, blue, and black.

Recommended Preparatory Learning or Prerequisites

- Precision Skiing 201, 202 and/or 203
- Technical Foundations
- Movement Analysis 201 Online and/or On-Snow
- Teaching 201

Prerequisite Courses and Skills

- Level 1 Certified instructors pursuing Alpine Level 2 Certification
- Safely ski green, blue, and black diamond trails

Learning Outcomes
By the end of this clinic, successful participants will be able to:

- Explain how intentionally altering speed, accuracy of movements, turn shape, and/or environment aids in the development of specific alpine fundamentals and skiing applications relevant to intermediate to advanced skiers.
- Utilize learning experiences to reflect on changes, anchor learning, and apply reflections to agreed-upon outcomes.

Learning Experiences

- Explore when to ski students faster or slower, and how turn shape and entry/exit angles affect fundamental development. Practice adapting speed and turn shape based on equipment length, width, and shape.
- Refine terrain choices and timing by assessing how to decide between using challenging vs. easier terrain. Incorporate how the decision impacts skill development and how motivations/emotions factor into the decision.
- Participants will explore and experience how terrain features influence skill development. Identify fundamental applications that can be easier to teach on convex rollers, ridges, concave features, flatter slopes, or steeper pitches. Clinic leaders and participants will identify specific features to play on while focusing on different skills.
- The group will explore how to narrow the parameters of an activity to develop skills, enhance performance, and promote engagement towards the goal of the activity.
- Identify how to pace lessons for optimal engagement and learning based on students' performance and interactions. When should you: Allow more practice time? Clarify an activity and its relevance to student goals? Increase or decrease the level of challenge? Apply an attained skill in a new environment?
- Practice connecting with students through feedback that adapts to students' skill acquisition and emotional state.

Materials/Equipment Needed

- Alpine Performance Guide
- Level 2 Teaching Assessment Form
- PSIA-AASI Teaching Manual

Recommended Equipment Considerations

- Tuned skis narrower than 98 mm underfoot
- Alpine Ski Boots (Alpine Touring Boots are not recommended).

Alpine Level 2 Certification Camp

Duration

5 Days / 30 CEUs

Learning Connection Highlight

Technical, Teaching, and People Skills

Course Description

This immersive 5-day camp trains you for all modules of the Alpine Level 2 Assessment, leaving you with clear, actionable feedback and goals to continue your development toward the Level 2 Standard. The camp begins with a focus on gaining and refining skills for the Skiing, Movement Analysis, and Technical Understanding Assessments, then shifts to the Teaching Assessment while continuing to build your MA/Technical Understanding skills.

Format: 5-day camp. Registration for the full 5 days is required.

Recommended Preparatory Learning or Prerequisites

- Technical Foundations

Prerequisite Course and Skills

- Level 1 Certified instructors pursuing Alpine Level 2 Certification
- Ski safely on all green, blue, black diamond trails

Materials Needed

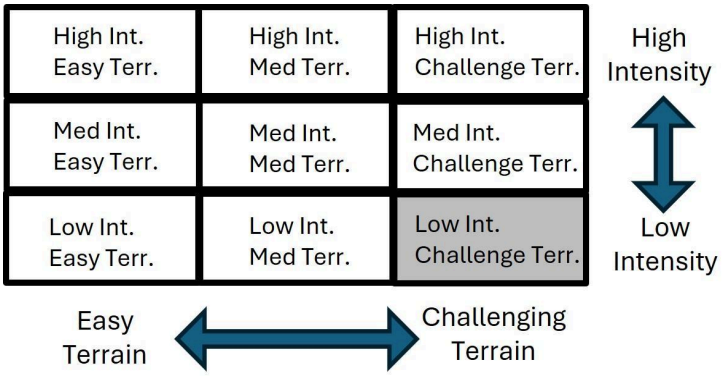
- PSIA-AASI Teaching Snowsports Manual
- PSIA Alpine Technical Manual

Recommended Equipment Considerations

- Tuned skis narrower than 98 mm underfoot
- Alpine Ski Boots and bindings (Alpine Touring boots and bindings not recommended).

Alpine Level 2 Certification Camp: Day 1

The first day will focus on training for the Skiing Assessment (Integrated Activities) and the Technical Understanding Assessment.



Learning Outcomes

By the end of today's clinic, successful participants will be able to:

- Accurately apply the Technical Fundamentals to demonstrate the Integrated Activities from the National Assessment Activity List, and compare their performance to the ideal.
- Describe the application of two or more Technical Fundamentals and respective biomechanics and physics within the turn phases of a specific activity.
- Identify and demonstrate the Indicators of Integration in Wedge, Wedge Christie, and Basic Parallel skiing.
- Evaluate how equipment choices impacts performance.

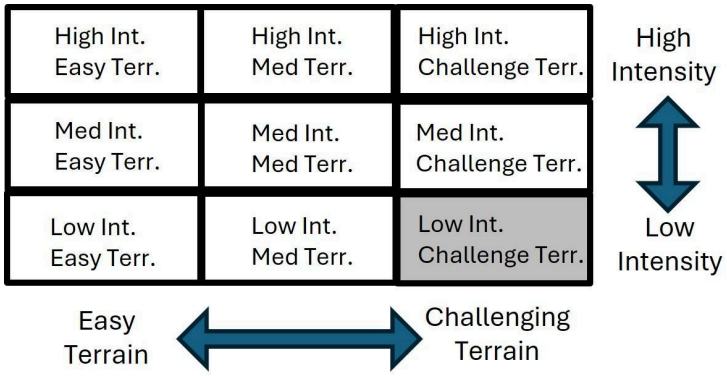
Learning Experiences

- Collaborate with the group leader and peers to develop and refine the Integrated Activities from the National Assessment Activity List.
    - Participants will utilize the National Assessment Activity List and the group's shared knowledge to identify the prescribed turn size, speed, and ski performance for each Activity. They can use this information to guide their demonstrations and compare their personal performance to these parameters
- Review and explore how the fundamentals are applied for each Activity and identify personal cues and focuses for performance of each activity.
- Demonstrate and observe the PSIA Indicators of Integration in Wedge, Wedge Christie, and Basic Parallel skiing and get video of at least one of these activities to pair each person's image with their experience and sensations.
- Explore how physics and biomechanics relate to the blend of fundamentals with the phases of a turn for a given outcome.

- Discuss how ski tuning, equipment selection, and/or boot alignment impact performance. Incorporate these elements into the physics and/or biomechanics that impact performance.
- Partner with a group member or the group leader and practice verbalizing a comparison of your performance to the ideal.
- Utilize skiing activities from the Individual and Versatility sections of the National Assessment Activity List to support the group's training for the Integrated Assessment Activities.

Alpine Level 2 Certification Camp: Day 2

The second day will continue to provide training for the Skiing Assessment (Versatility Activities) and the Movement Analysis and Technical Understanding Assessment.



Learning Outcomes

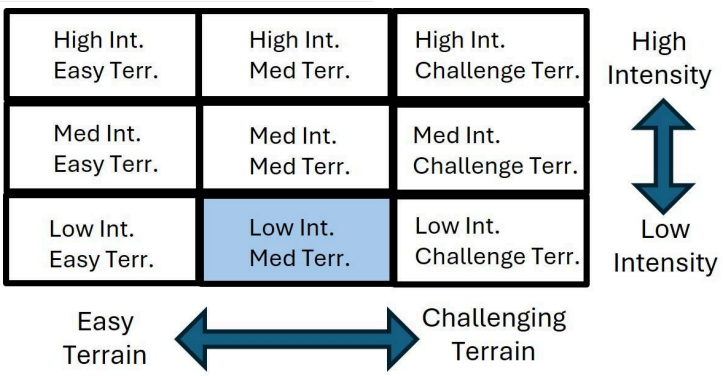
By the end of today's clinic, successful participants will be able to:

- Describe a body/ski cause and effect relationship for at least two fundamentals compared to the desired outcome from observing a peer skiing a Versatility Activity.
- Identify and describe how tactical decisions, equipment, and/or terrain and snow conditions impact personal skiing performance when skiing a Versatility Activity on groomed or ungroomed snow.
- Demonstrate tactical choices that lead to more accurate high performance turns on groomed terrain and ungroomed terrain.
- Identify and demonstrate a specific Individual Activity or Integrated Activity from the National Assessment Activity List that develops a fundamental blend necessary for more accurate demonstration of at least one Versatility Activity.

Learning Experiences

- The group will collaborate to achieve accurate demonstrations of the Versatility Activities from the National Assessment Activity List. Video is encouraged to link images and sensations/experiences.
- Throughout the skiing activities today, collaborate with peers and the group leader to improve the ability to observe specific ski and body performance of at least one Fundamental through all turn phases in an activity.
- Observe a peer and practice comparing the performance and the desired outcome. Describe the related cause and effect relationship for at least one Fundamental. Collaborate with peers and the group leader to learn how to make meaningful comparisons of outcomes compared to an ideal.

- Identify performance cues and technical/tactical focuses that are effective for achieving more accurate and consistent demonstrations.
- Utilize skiing activities from the Individual and Integrated sections of the National Assessment Activity List to support the Group's training for the Versatility Assessment Activities.



- Explore, practice, and refine tactical and technical focuses that allow the participants to accurately and consistently perform the Assessment Activities.
- Explore how physics, biomechanics, and equipment choices relate to the blend and application of fundamentals in the Skiing Activities from today's clinic.

Alpine Level 2 Certification Camp: Day 3

The third day will continue to train for the Skiing Assessment (Individual Activities) and the Movement Analysis and Technical Understanding Assessment.

Learning Outcomes

By the end of today's clinic, successful participants will be able to:

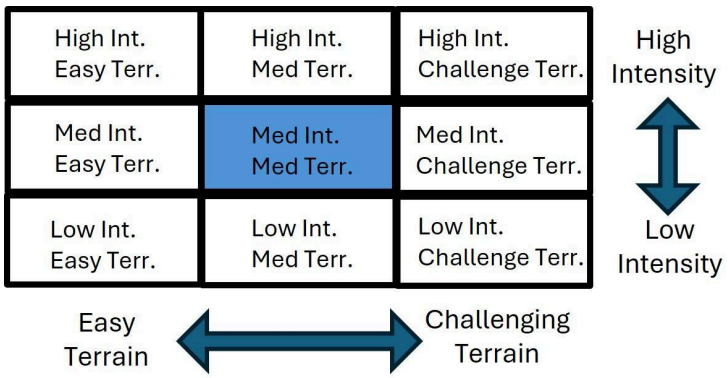
- Accurately demonstrate the Individual Activities from the National Assessment Activity List and describe a related tactical and/or technical focus and its impact on the performance.
- Describe their preferred format/strategy for delivering Movement Analysis in an Assessment. Demonstrate their ability to use this format/strategy when analyzing a peer.
- Describe a cause and effect relationship for at least two fundamentals and provide a prescription for change from observing a peer skiing.
- Compare a peer's performance of an activity to the desired performance.

Learning Experiences

- The group will practice Individual Activities from the National Assessment Activity Lis tactivities and identify the task parameters, tactics, and the application of fundamentals required to demonstrate these activities. Participants can develop their movement analysis skills by observing peers, comparing their performance to ideal, and identifying a related prescription for change.
- Utilize skiing activities from the Versatility and Integrated sections of the National Assessment Activity List to support the Group's training for the Individual Assessment Activities and apply the fundamentals developed in the Individual Activities.
- Utilize skiing practice and coaching time to continue to develop the ability to recognize and describe cause and effect relationships in peers' skiing and compare the performance to an ideal.
- Clarify physics and biomechanics principles that impact the blend of fundamentals in turn phases.
- Clarify how equipment choices impact skiing performance.
- Explore, practice, and refine tactical and technical focuses that allow the participants to perform accurate and consistent demonstrations of Assessment Activities.
- Reflect on a personal skiing performance and describe how they applied the fundamentals to perform the activity, compare their performance to the ideal, and receive feedback.

Alpine Level 2 Certification Camp: Day 4

The fourth day focuses on developing the group's teaching skills. It will emphasize assessing and collaborating with students to create progressive learning experiences for Intermediate Students.



Learning Outcomes

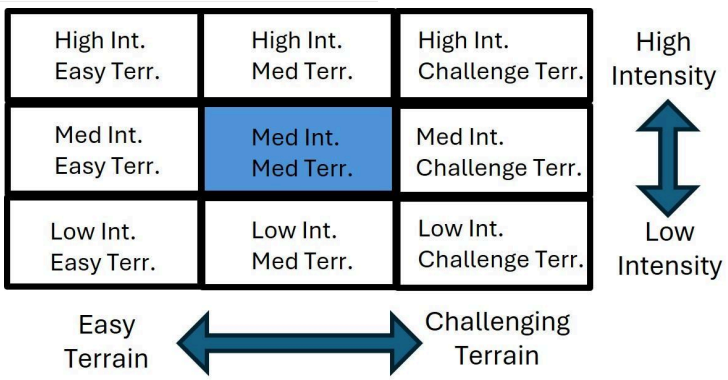
By the end of today's clinic, successful participants will be able to:

- Incorporate the motivations of level 5-7 students into lessons.
- Plan progressive learning experiences based on observations and skier's goals in intermediate to advanced alpine skiers (levels 5 - 7).

Learning Experiences

- Explore common motivations of intermediate to advanced skiers, drawing on group experiences and emphasizing the broader goals that guide their skiing.
- Ski through changes intermediate skiers need to make to achieve their goals. Consider how the application of fundamentals shifts when increasing speed, changing ski performance, adapting to steeper terrain, or transitioning from on-piste to off-piste.
- Clinic Leaders will demonstrate how to connect big-picture student goals with the development of at least one Alpine Skiing Fundamental to plan relevant progressions with clear direction and focus.
- Explore how to adapt the initial lesson plan to evolving student needs. How might an instructor alter the pacing, amount and type of feedback, choice of activities, and/or group management to create a successful lesson.

- Participants will practice planning lessons that apply progressive learning experiences, aligning with student motivations and maintaining clear direction and focus.



Alpine Level 2 Certification Camp: Day 5

The final day of camp will focus on developing the group's ability to implement collaborative lessons that adapt to the changing needs of the students help them understand and apply what they learn.

Learning Outcomes

By the end of today's clinic, successful participants will be able to:

- Use accurate skiing demonstrations to clarify learning activities and minimize verbal descriptions.
- Demonstrate and/or describe when and how to intentionally alter speed, turn shape, line, or environment to optimize student learning and engagement.
- Demonstrate (or describe) how to balance of feedback, questioning, and active listening to assess learning and personalize the learning experience.
- Demonstrate the ability to pace reflection time and learning activities to allow students to recognize and apply new skills.

Learning Experiences

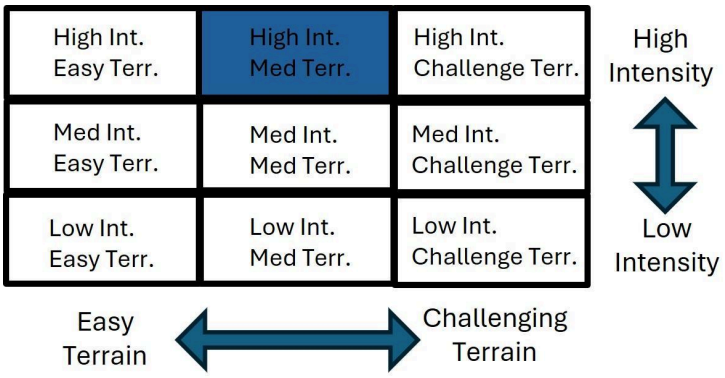
- Explore how variations in speed, turn shape, and environment can be used to develop common outcomes and skills in Intermediate Zone students.
- Collaborate with peers and the group leader to explore ways to use terrain features to develop specific skills.
- Experiment with different ways to set up activities by altering the timing and amount of verbal description and demonstrations.
- Collaborate and explore how to adapt the parameters of an activity to the needs of the group to enhance their performance and engagement.

- Practice connecting with students through feedback and two-way communication tailored to the needs of the individuals and subsets in the group.

Precision Skiing 301 (Integrated Fundamentals Assessment Activities)

Duration

1 Day / 6 CEUs



Learning Connection Highlight

Technical Skills

Course Description

Train for the Integrated Fundamentals Assessment Activities within the Alpine Level 3 Skiing Assessment. Refine your application of fundamentals and skill blending through the Indicators of Integration connecting Wedge, Wedge Christie, Basic Parallel, and Dynamic Turns.

Terrain: primarily groomed beginner, intermediate, and advanced/expert.

Recommended Preparatory Learning or Prerequisites

- Precision Skiing 302 and/or 303
- Technical Foundations

Prerequisite Courses and Skills

- Level 2 Certified instructors pursuing Alpine Level 3 Certification
- Safely ski green, blue, and black diamond trails.

Learning Outcomes

By the end of this clinic, successful participants will be able to:

- Demonstrate Wedge, Wedge Christie, Basic Parallel, and Dynamic Parallel Turns using the Indicators of Integration (both skis maintain contact with the snow, the lower legs show similar forward angles, both skis are guided to begin the turn, a countered relationship is visible through the transition between turns, the legs show independent flexion and extension as the body moves from one turn to the next, the torso remains stable while the legs move freely beneath it).
- Explain how the duration, intensity, rate, and timing of movements changes through the 4 skiing demonstrations without changing the balance of skill blending and application of fundamentals.
- Align skiing tactics for effective performance and demonstrations.

Learning Experiences

- Review the Indicators of Integration (both skis maintain contact with the snow, the lower legs show similar forward angles, both skis are guided to begin the turn, a countered relationship is visible through the transition between turns, the legs show independent flexion and extension as the body moves from one turn to the next, the torso remains stable while the legs move freely beneath it).
- Review how the balance of skill blending and application of fundamentals is maintained through the 4 skiing tasks while the DIRT changes.
- Practice Wedge, Wedge Christie, Basic Parallel, and Dynamic Parallel Turns focusing on the application of the Indicators of Integration and their relationship to the skiing fundamentals and skiing skills.
- Explore other tasks to emphasize movement patterns and/or aspects of the Indicators of Integration to improve performance of Wedge, Wedge Christie, Basic Parallel, and Dynamic Parallel Turns.
- Discuss technical topics as needed to clarify intentions.
- Identify tactics that enhance demonstrations.

Materials/Equipment Needed

- National Assessment Activity List

- Alpine Performance Guide
- Level 3 Skiing Assessment Form
- Recommended Equipment Considerations
    - Tuned skis narrower than 98 mm underfoot
    - Alpine Ski Boots (Alpine Touring Boots are not recommended)

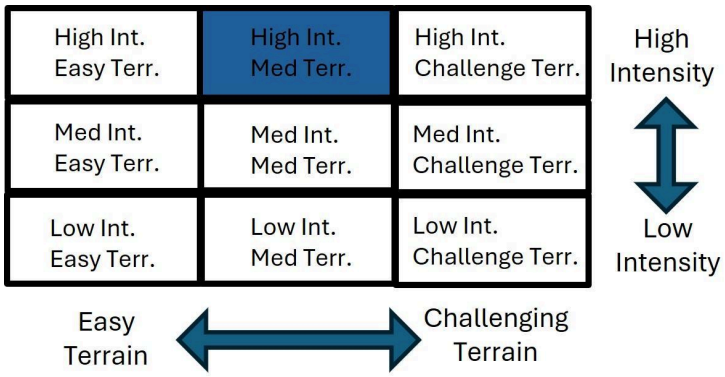
Precision Skiing 302 (Individual Fundamentals Assessment Activities)

Duration

1 Day / 6 CEUs

Learning Connection Highlight

Technical Skills



Course Description

Train for the Individual Fundamentals Assessment Activities within the Alpine Level 3 Skiing Assessment, refining your demonstrations from the National Assessment Activity List.

Terrain: primarily groomed beginner and intermediate, with occasional ungroomed and black diamond runs depending on conditions.

Recommended Preparatory Learning or Prerequisites

- Precision Skiing 301 and/or 303
- Technical Foundations

Prerequisite Courses and Skills

- Level 2 Certified instructors pursuing Alpine Level 3 Certification
- Safely ski green, blue, and black diamond trails.

Learning Outcomes

By the end of this clinic, successful participants will be able to:

- Demonstrate adaptation of skiing fundamentals and intentionally emphasize select skiing skills (without neglecting the others) to demonstrate tasks from the Individual Fundamental Assessment Activities on the National Assessment Activity List.
- Align skiing tactics for effective performance and demonstrations.
- Identify Assessment Activities to practice for personal skill development.
- Identify Assessment Activities to practice for improving demonstrations.

Learning Experiences

- Identify Individual Fundamentals Assessment Activities from the National Assessment Activity List that require clarification and/or practice.
- Practice Individual Fundamentals Assessment Activities from the National Assessment Activity List
- Discuss technical topics as needed to clarify intentions.
- Identify tactics that enhance demonstrations.

Materials/Equipment Needed

- National Assessment Activity List
- Alpine Performance Guide
- Level 3 Skiing Assessment Form
- Recommended Equipment Considerations
    - Tuned skis narrower than 98 mm underfoot
    - Alpine Ski Boots (Alpine Touring Boots are not recommended)

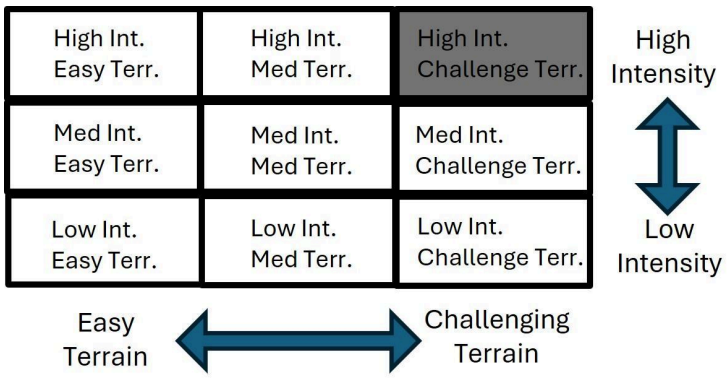
Precision Skiing 303 (Versatility Assessment Activities)

Duration

1 Day / 6 CEUs

Learning Connection Highlight

Technical Skills



Course Description

Train for the Versatility Assessment Activities within the Alpine Level 3 Skiing Assessment. Learn to intentionally adapt skiing fundamentals, skill blends, and tactics, varying turn shape, size, and line at different speeds in groomed and ungroomed conditions.

Terrain: beginner, intermediate, and advanced/expert.

Recommended Preparatory Learning or Prerequisites

- Precision Skiing 301 and/or 302
- Technical Foundations

Prerequisite Courses and Skills

- Level 2 Certified instructors pursuing Alpine Level 3 Certification
- Safely ski green, blue, black and double black diamond trails.

Learning Outcomes

By the end of this clinic, successful participants will be able to:

- Demonstrate a refined and intentional adaptation of skiing fundamentals, skill blends, and/or tactics from the Center Line to vary turn shape, size, and line as prescribed.
- Adapt fundamentals and intentionally emphasize select skills (without neglecting the others) to demonstrate Versatility Assessment Activities from the National Assessment Activity List.
- Align skiing tactics for effective performance and demonstrations.
- Identify how application of fundamentals and/or skill blends are adapted to vary turn shape, size, and line in different skiing situations.

Learning Experiences

- Review the Indicators of Integration shared by Wedge, Wedge Christie, Basic Parallel, and Dynamics Parallel Turns. (The Indicators of Integration are: both skis maintain contact with the snow, the lower legs show similar forward angles, both skis are guided to begin the turn, a countered relationship is visible through the transition between turns, the legs show independent flexion and extension as the body moves from one turn to the next, the torso remains stable while the legs move freely beneath it.)
- Practice Versatility Assessment Activities from the National Assessment Activity List.
- Discuss technical topics as needed to clarify intentions.
- Identify tactics that enhance demonstrations.

Materials/Equipment Needed

- National Assessment Activity List
- Alpine Performance Guide
- Level 3 Skiing Assessment Form
- Recommended Equipment Considerations
    - Tuned skis narrower than 98 mm underfoot

- Alpine Ski Boots (Alpine Touring Boots are not recommended)

Movement Analysis 301 Online

Duration

Two, 2.5-hour clinics / 6 CEUs

Learning Connection Highlight

Technical Skills

Course Description

Train for the Alpine Level 3 Movement Analysis and Technical Understanding Assessment. Learn to observe, describe, evaluate, and prescribe specific changes relative to desired outcomes for advanced and expert level skiers, and discuss how the skiing fundamentals influence each other in advanced/expert skiing situations.

Format: two 2.5-hour online sessions via Zoom. Computer with internet access required.

Recommended Preparatory Learning or Prerequisites

- Technical Foundations
- Precision Skiing 301, 302, and/or 303
- Movement Analysis 301 On-Snow

Prerequisite Courses and Skills

- Level 2 Certified instructors pursuing Alpine Level 3 Certification.
- Familiarity using Zoom video calls
- Ability to identify and distinguish between the 5 Skiing Fundamentals
- Ability to identify and distinguish between the 3 Skiing Skills (Edge Control, Rotary Control, and Pressure Control)

Learning Outcomes

By the end of this clinic, successful participants will be able to:

- Observe body and ski performances that relate to the same skiing fundamentals
- Communicate observed body and ski performances.
- Relate how observed body and ski performances related to multiple skiing fundamentals affect each other in a “cause and effect” relationship.
- Compare observed performances with desired performances.

Learning Experiences

- Watch videos of expert demonstrators skiing dynamic performance turns, performance mogul skiing, and/or variable terrain and conditions on expert terrain. Group discussions led by the clinic leader includes:
    - How the skier uses turn shape to control speed and maintain momentum
    - How the skier uses each of the skiing fundamentals to achieve the desired performance. Include how body and ski performances relate to each other.
    - How the multiple skiing fundamentals are incorporated and skiing skills are blended to achieve the desired performance
- Watch videos of advanced/expert skiers as examples of potential ski school students. Group discussions led by clinic leader includes:
    - Observed differences in speed, turn shape, and momentum compared to the videos of expert demonstrators
    - Observed application of skiing fundamentals including body and ski performances. Relate body and ski performances in “cause and effect” relationships.
    - How skiing fundamentals are coordinated to create observed performances
    - Incorporating duration, intensity, rate, and timing of ski and body performances to enhance descriptions
- Discuss prescriptions for change for the sample skiers. Relate changes in body and ski performances incorporating multiple skiing fundamentals to achieve more effective skiing.
- Discuss tactics for optimizing performance in assessments. Topics include:
    - Starting with the ski performance or body performance
    - Starting with the big picture or the details
    - Starting with multiple fundamentals or singular fundamentals
    - Starting with the prescription for change or the description of observed skiing

Materials/Equipment Needed

- Computer with internet access
- Video of expert demonstrators skiing Dynamic Parallel Turns, Performance Short Turns, Performance Bumps, and/ Variable Conditions/ Terrain. Having multiple skiers is ideal to enhance participants' technical understanding. (Videos can be found on the Matrix or other online sources).
- Video of advanced/expert skiers who are examples of potential ski school students to analyze movements. Prepare ahead of time to find suitable video online. (e.g. Rob Crawford's YouTube channel has several great examples.)
- Alpine Performance Guide (Level 2 Movement Analysis and Technical Understanding)
- Level 2 Movement Analysis and Technical Understanding Assessment Form
- PSIA Alpine Technical Manual for reference of terms and concepts

ROCKY MOUNTAIN

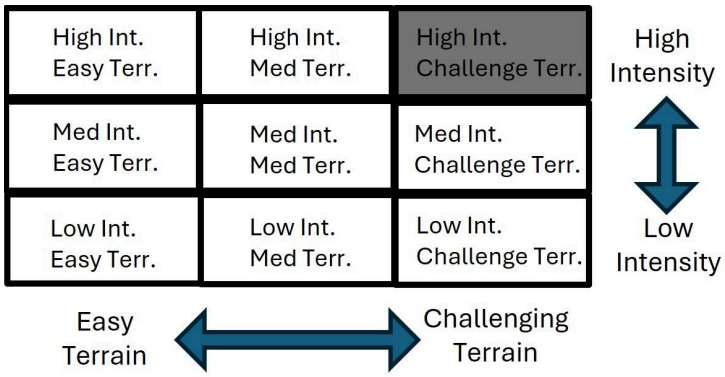
Movement Analysis 301 On-Snow

Duration

1 Day / 6 CEUs

Learning Connection Highlight

Technical Skills



Course Description

Train for the Alpine Level 3 Movement Analysis and Technical Understanding Assessment with guided, real-time practice. Analyze your peers' skiing, have your own performance analyzed in turn, and compare it against the desired outcome.

Terrain: groomed and ungroomed green, blue, black, and/or double black diamond, with skiing tasks in the advanced/expert zone.

Recommended Preparatory Learning or Prerequisites

- Technical Foundations
- Movement Analysis 301 Online
- Precision Skiing 301, 302, and/or 303

Prerequisite Courses and Skills

- Level 2 Certified instructors pursuing Alpine Level 3 Certification.
- Safely ski groomed and ungroomed green, blue, black, and double black diamond trails suitable to the Level 3 Skiing Assessment.

Learning Outcomes

By the end of this clinic, successful participants will be able to:

- Analyze the skiing performance of their peers' skiing a prescribed advanced/expert- level ski task. Analyses will incorporate multiple fundamentals.
- Compare their skiing performance to the desired performance in the advanced/expert zone using multiple skiing fundamentals.

Learning Experiences

Skiing tasks used for movement analysis and technical understanding practice sessions should be from the National Assessment Activity List Level 3 Integrated and/or Versatility Assessment Activities.

- Observe clinic leader analyzing skiing performance of other participants.
- Clinic leader provides guided practice for participants analyzing skiing performance of a peer performing a predetermined advanced/expert-level skiing task.
- Clinic leader provides guided practice for participants comparing their skiing performance of a predetermined advanced/expert-level skiing task.
- Discussions, reflections of analyses, exploration of technical topics as needed.

Materials/Equipment Needed

- National Assessment Activity List (Level 3 Integrated and Versatility Assessment Activities)
- Alpine Performance Guide (Level 3 Movement Analysis and Technical Understanding)
- Level 3 Movement Analysis and Technical Understanding Assessment Form
- Recommended Equipment Considerations
    - Tuned skis narrower than 98 mm underfoot
    - Alpine Ski Boots (Alpine Touring Boots are not recommended)

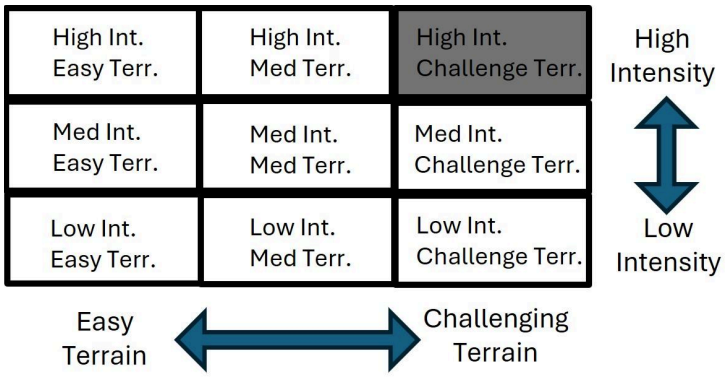
Technical Understanding 301

Duration

1 Day / 6 CEUs

Learning Connection Highlight

Technical Skills



Course Description

Train for the Alpine Level 3 Movement Analysis and Technical Understanding Assessment. Deepen your technical understanding by learning how body movements, ski performance, ski-snow interaction, and the skier's motion form a continuous feedback loop, each one shaping the next. They are continuously adapted in response to changing forces and motion, as well as terrain, tactics, equipment, and intent. Through scenario-based skiing, apply concepts from physics, biomechanics, the Alpine Skiing Fundamentals, equipment, and tactics to investigate expert skiing performance across varied terrain and conditions.

Terrain: groomed and ungroomed green, blue, black, and double-black. Expect higher intensities and a physically demanding day.

Recommended Preparatory Learning or Prerequisites

- Read the PSIA Alpine Technical Manual (essential)
- Technical Understanding 201 (highly recommended)
- Precision Skiing 301, 302, and/or 303

Prerequisite Courses and Skills

- Level 2 Certified instructors pursuing Alpine Level 3 Certification.
- Safely ski groomed and ungroomed green, blue, black, and double black diamond trails suitable to the Level 3 Skiing Assessment.

Learning Outcomes

By the end of this clinic, successful participants will be able to:

- Explain how body movements, ski performance, ski–snow interaction, external forces, and skier motion form a continuous feedback loop, each one shaping the next for skiers in the advanced zone.
    - Explain how changes in one Alpine Skiing Fundamental affect the application and blending of other Fundamentals.
    - Apply relevant concepts from physics and biomechanics to explain how changing forces and motion require adaptations in body movements.
    - Explain how terrain, snow conditions, and equipment affect ski–snow interaction and require adaptations in movements and skill blending.
    - Describe resulting changes in speed and turn shape.

Learning Experiences

The main purpose of the activities is to help participants learn how a continuous feedback loop is created when movements change ski performance, ski–snow interaction, and the skier's motion, which influences body movements, and so on.The experiences below are examples, not a prescribed sequence or set of activities. Clinicians should use appropriate tasks, scenarios, and participant beliefs or statements as they arise to explore and challenge technical understanding.

- Test the plausible but incomplete claim, "Pressure should peak at the apex of the turn." Vary where and how direction change is created by manipulating line, speed, turn shape, edge development, and pressure management. Explore how changes in pressure timing and magnitude affect—and are affected by—edge angle, ski orientation, ski bending, skier motion, and external forces. Consider how the resulting changes in forces and motion influence the movements required next.
- Investigate the claim, "The skier should always move forward into the new turn." Explore different release and transition strategies while considering the paths of the skis and center of mass. Vary terrain, speed, turn shape, and intent to explore how fore/aft and lateral movements are interrelated and continually adapted as ski performance, forces, and skier motion change.
- Explore the claim, "Short turns require quicker leg rotation." Use Level 3 tasks and task variations to manipulate turn size, tempo, and speed. Compare how changes in rotational movements interact with edge angle, pressure management, release, ski rebound, and the paths of the skis and center of mass. Explore how changes in one Fundamental affect the application and blending of others throughout the turn.
- Investigate edge and pressure release through claims such as "The skis should flatten after the apex" and "Lighten the outside ski to change edges." Compare

different release and transition strategies and explore how flexion, extension, edge-angle reduction, body movement, ski movement, and changing external forces interact. Consider when changes in pressure are an intended action, when they are an outcome of other changes, and how the resulting motion influences the movements required through transition and into the next turn.

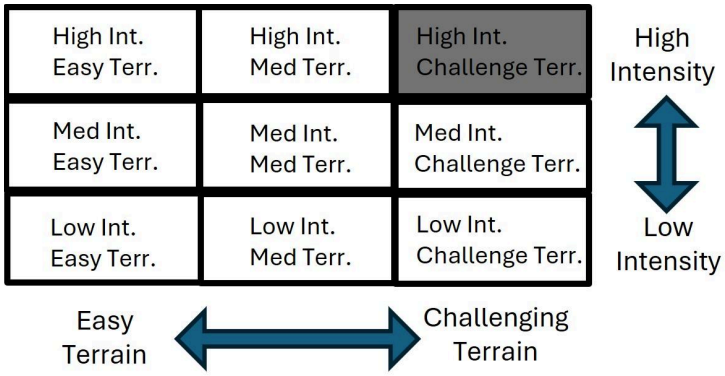
Materials/Equipment Needed

- PSIA National Assessment Activity List
- Alpine Performance Guide (Level 3 Movement Analysis and Technical Understanding)
- Level 3 Movement Analysis and Technical Understanding Assessment Form
- Recommended Equipment Considerations
    - Tuned skis narrower than 98 mm underfoot
    - Alpine Ski Boots (Alpine Touring Boots are not recommended)

Teaching 301

Duration

1 Day / 6 CEUs



Learning Connection Highlight

Teaching and People Skills

Course Description
Train for the Alpine Level 3 Teaching Assessment by planning effective learning experiences for advanced and expert students (levels 8 and 9) through collaboration and goal alignment. Use advanced and expert level skiing tasks to drive student progress, engagement, buy-in, and reflection.

Terrain: groomed and ungroomed green, blue, black, and double black.

Recommended Preparatory Learning or Prerequisites

- Precision Skiing 301, 302 and/or 303
- Technical Foundations
- Movement Analysis 301 Online and/or On-Snow

Prerequisite Courses and Skills

- Level 2 Certified instructors pursuing Alpine Level 3 Certification.
- Safely ski green, blue, and black diamond trails

Learning Outcomes

By the end of this clinic, successful participants will be able to:

- Incorporate the individual motivations of level 8-9 students into lessons.
- Plan progressive learning experiences based on observations and skier's goals in expert alpine skiers (levels 8 - 9).

Learning Experiences

- Explore the common motivations of expert skiers, drawing on group experiences and emphasizing the broader goals that guide their skiing.
- Ski through changes expert skiers need to make to achieve their goals. Consider how the application of fundamentals shifts when increasing speed, changing ski performance, adapting to steeper terrain, or transitioning from on-piste to off-piste.
- Clinic Leaders will demonstrate how to connect big-picture student goals with the development of Alpine Skiing Fundamentals to plan relevant progressions with a clear direction and focus.
- Explore how to adapt the initial lesson plan to evolving student needs. How might an instructor alter the pacing, amount and type of feedback, choice of activities, and/or group management to create a successful lesson.
- Participants will practice planning lessons that apply progressive learning experiences, aligning with student motivations and maintaining clear direction and focus.

Materials/Equipment Needed

- Alpine Performance Guide
- Level 3 Teaching Assessment Form
- PSIA-AASI Teaching Manual

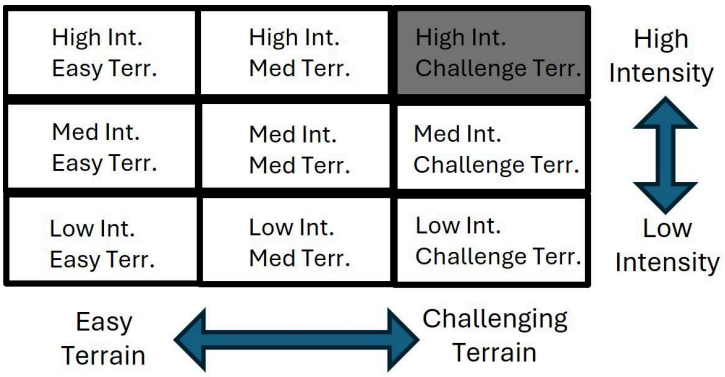
Recommended Equipment Considerations

- Tuned skis narrower than 98 mm underfoot
- Alpine Ski Boots (Alpine Touring Boots are not recommended).

Teaching 302

Duration
1 Day / 6 CEUs

Learning Connection Highlight
Teaching and People Skills



Course Description
Train for the Alpine Level 3 Teaching Assessment by creating impactful learning environments that support breakthroughs for level 8 and 9 students. Leverage variables like speed, turn shape, and terrain, intentionally adjusting the level of challenge to keep students engaged, confident, and reflecting on their progress.

Terrain: groomed and ungroomed green, blue, black, and double black.

Recommended Preparatory Learning or Prerequisites
- Precision Skiing 301, 302 and/or 303
- Technical Foundations
- Movement Analysis 301 Online and/or On-Snow
- Teaching 301

Prerequisite Courses and Skills
- Level 2 Certified instructors pursuing Alpine Level 3 Certification.
- Safely ski green, blue, black and double black diamond trails

Learning Outcomes
By the end of this clinic, successful participants will be able to:
- Explain how intentionally altering speed, accuracy of movements, turn shape, and/or environment aids in the development of specific alpine fundamentals and skiing applications relevant to expert skiers.
- Utilize learning experiences to reflect on changes, anchor learning, and apply reflections to agreed-upon outcomes.

Learning Experiences

- Explore when to ski students faster or slower, and how turn shape and entry/exit angles affect fundamental development. Practice adapting speed and turn shape based on equipment length, width, and shape.
- Refine terrain choices and timing by assessing how to decide between using challenging vs. easier terrain. Incorporate how the decision impacts skill development and how motivations/emotions factor into the decision.
- Participants will explore and experience how terrain features influence skill development. Identify fundamental applications that can be easier to teach on convex rollers, ridges, concave features, flatter slopes, or steeper pitches. Clinic leaders and participants will identify specific features to play on while focusing on different skills.
- The group will explore how to narrow and personalize the parameters of an activity to develop skills, enhance performance, and promote engagement towards the individual goals of each student.
- Identify how to pace lessons for optimal engagement and learning based on each students' performance and interactions. When should you: Allow more practice time? Clarify an activity and its relevance to student goals? Increase or decrease the level of challenge? Apply an attained skill in a new environment?
- Practice connecting with students through feedback that adapts to students' skill acquisition and emotional state.

Materials/Equipment Needed

- Alpine Performance Guide
- Level 3 Teaching Assessment Form
- PSIA-AASI Teaching Manual

Recommended Equipment Considerations

- Tuned skis narrower than 98 mm underfoot
- Alpine Ski Boots (Alpine Touring Boots are not recommended).

Alpine Level 3 Certification Camp

Duration

5 Days / 30 CEUs

Learning Connection Highlight

Technical, Teaching, and People Skills

Course Description

This immersive 5-day camp trains you for all modules of the Alpine Level 3 Assessment, leaving you with clear, actionable feedback and goals to continue your development toward the Level 3 Standard. The camp begins with a focus on gaining and refining skills for the Skiing, Movement Analysis, and Technical Understanding Assessments, then shifts to the Teaching Assessment while continuing to build your MA/Technical

Understanding skills.

Format: 5-day camp. Registration for the full 5 days is required.

Recommended Preparatory Learning or Prerequisites

- Technical Foundations

Prerequisite Course and Skills

- Level 2 Certified instructors pursuing Alpine Level 3 Certification.
- Ski safely on all green, blue, black and double black diamond trails

Materials Needed

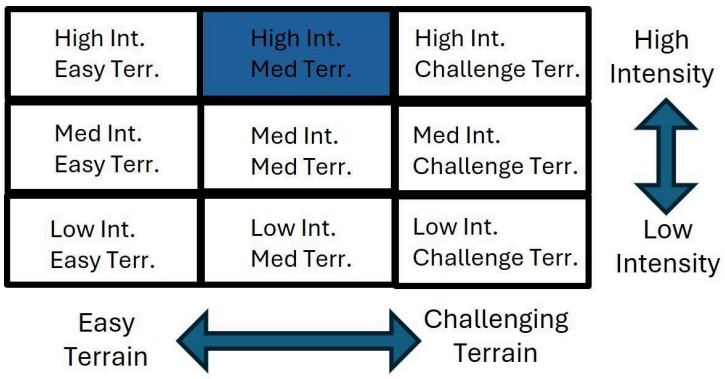
- PSIA-AASI Teaching Snowsports Manual
- PSIA Alpine Technical Manual

Recommended Equipment Considerations

- Tuned skis narrower than 98 mm underfoot
- Alpine Ski Boots and bindings (Alpine Touring boots and bindings not recommended)

Alpine Level 3 Certification Camp: Day 1

The first day will focus on training for the Skiing Assessment (Integrated Activities) and the Technical Understanding Assessment.



Learning Outcomes

By the end of today's clinic, successful participants will be able to:

- Accurately apply the Technical Fundamentals to demonstrate the Integrated Activities from the National Assessment Activity List, and compare their performance to the ideal.
- Explain how they adjusted the Technical Fundamentals for the different Activities.
- Describe the application of the Technical Fundamentals within turn phases of a given Activity and relate this application to physics and biomechanics.
- Identify and demonstrate the Indicators of Integration in each of the Integrated Activities.
- Evaluate how equipment choices impact performance.

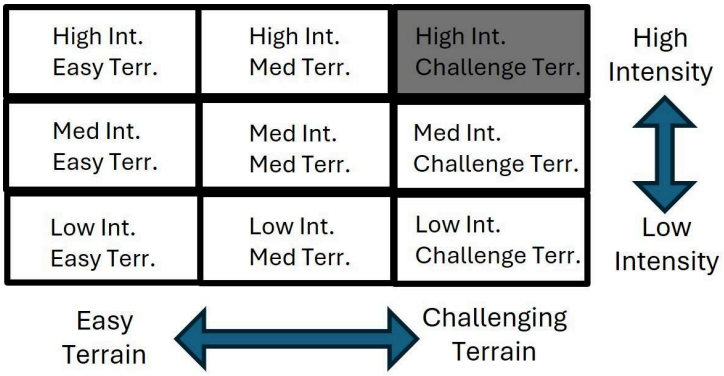
Learning Experiences

- Collaborate with the group leader and peers to develop and refine accurate Demonstrations of the Integrated Skiing Assessment Activities (Wedge, Wedge Christie, Basic Parallel and Dynamic Parallel)
    - Participants will utilize the National Assessment Activity List and the group's shared knowledge to identify the prescribed turn size, speed, ski performance for each Activity and use this information to guide their demonstrations and compare their personal performance to these parameters
- Practice demonstrating and observing the PSIA Indicators of Integration in the Integrated Activities and get video of at least one of these activities to pair each person's image with their experience and sensations.
- Analyze the specific blend of fundamentals for each activity and determine personal cues and focuses to enhance performance.

- Utilize skiing activities from the Individual and Versatility sections of the National Assessment Activity List to support the group's training for the Integrated Assessment Activities.
- Explore how physics and biomechanics relate to the blend and application of fundamentals in the Skiing Activities from today's clinic.
- Discuss how ski tuning, equipment selection, and/or boot alignment impact performance. Incorporate these elements into the physics and/or biomechanics that impact performance.

Alpine Level 3 Certification Camp: Day 2

The second day will continue to provide training for the Skiing Assessment (Versatility Activities) and the Movement Analysis and Technical Understanding Assessment.



Learning Outcomes

By the end of today's clinic, successful participants will be able to:

- Describe cause and effect relationships between multiple fundamentals compared to the desired outcome from watching a peer performing one of the Versatility Activities.
- Identify and describe how tactical decisions, equipment, and/or terrain and snow conditions impact personal skiing performance when skiing a Versatility Activity on groomed or ungroomed snow.
- Demonstrate and discuss tactical choices that lead to more accurate high performance turns on groomed and ungroomed terrain.
- Identify and demonstrate a specific Individual Activity or Integrated Activity from the National Assessment Activity List that develops a fundamental blend necessary for more accurate demonstration of at least one Versatility Activity.

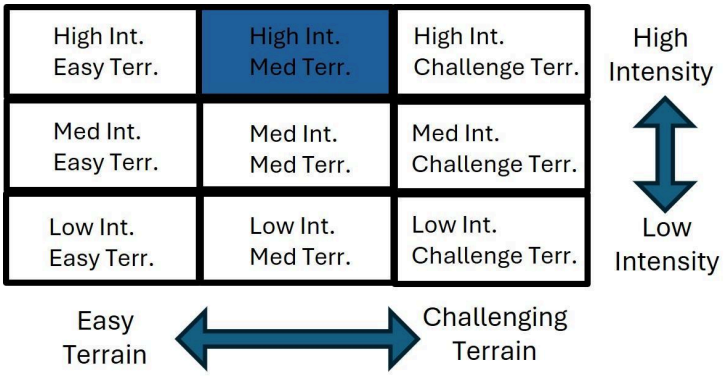
Learning Experiences

- The group will collaborate to achieve accurate demonstrations of the Versatility Activities from the National Assessment Activity List. Video is encouraged to link images and sensations/experiences.
- Collaborate with peers and the group leader to improve the ability to observe each fundamental during a given performance and recognize skill to skill relationships in a performance.
- Collaborate with peers and the group leader to learn how to make meaningful comparisons of outcomes relative to an ideal.
- Observe a peer and practice comparing the performance to the intended outcome. Describe a related skill to skill relationship.

- Utilize skiing activities from the Individual and Integrated sections of the National Assessment Activity List to support the Group's training for the Versatility Assessment Activities.
- Identify performance cues and technical/tactical focuses that are effective for achieving more accurate and inspiring demonstrations from the National Assessment Activity List.
- Explore how physics and biomechanics relate to the blend and application of fundamentals in the Skiing Activities from today's clinic.

Alpine Level 3 Certification Camp: Day 3

The third day will continue to train for the Skiing Assessment (Individual Activities) and the Movement Analysis and Technical Understanding Assessment.



Learning Outcomes

By the end of today's clinic, successful participants will be able to:

- Accurately demonstrate Individual Activities from the National Assessment Activity List and describe a related tactical and/or technical focus and its impact on the performance.
- Describe their preferred format/strategy for delivering Movement Analysis in an Assessment. Demonstrate their ability to use this format/strategy when analyzing a peer.
- Evaluate a skill to skill relationship between fundamentals relative to an outcome from observe a peer skiing a Versatility Activity in ungroomed terrain. Prescribe a specific change to achieve the desired outcome.

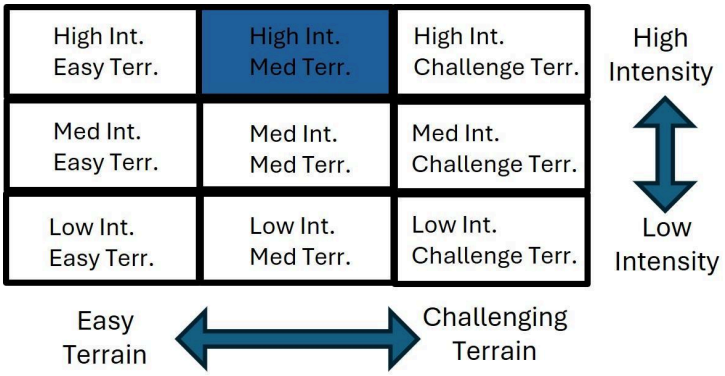
Learning Experiences

- The group will practice activities from the Individual Activities section of the National Assessment Activity List and identify the task parameters, tactics, and blend of fundamentals required to demonstrate these activities. Participants can develop their MA skills by observing peers, comparing their performance to ideal, and identifying a related prescription for change.
- Utilize skiing activities from the Versatility and Integrated sections of the National Assessment Activity List to support the Group's training for the Individual Assessment Activities and apply the fundamentals developed in the Individual Activities.
- Utilize skiing practice and coaching time to continue to develop the ability to recognize and describe skill to skill relationships in peers' skiing and compare the performance to an ideal.

- Explore, practice, and refine tactical and technical focuses that allow the participants to perform accurate and inspiring demonstrations of the Assessment Activities.
- Reflect on their personal skiing performance and describe how they applied the fundamentals to perform a specific Activity, compare the performance with the ideal, and receive feedback.

Alpine Level 3 Certification Camp: Day 4

The fourth day focuses on developing the group's teaching skills. It will emphasize assessing and collaborating with students to create lesson themes and plans.



Learning Outcomes

By the end of today's clinic, successful participants will be able to:

- Incorporate the individual motivations of level 8-9 students into lessons.
- Plan progressive learning experiences based on observations and skier's goals in expert alpine skiers (levels 8 - 9).

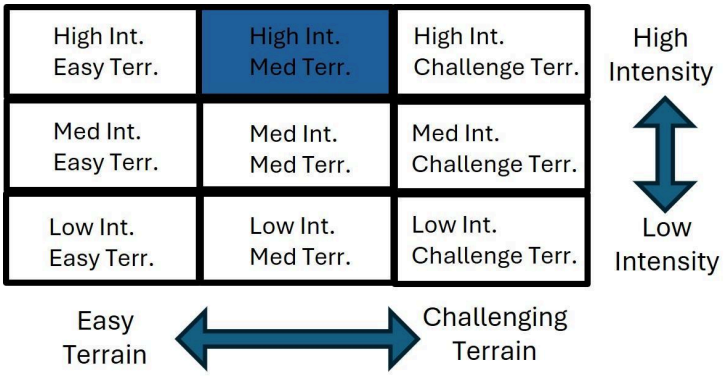
Learning Experiences

- Explore the common motivations of expert skiers, drawing on group experiences and emphasizing the broader goals that guide their skiing.
- Ski through changes expert skiers need to make to achieve their goals. Consider how the application of fundamentals shifts when increasing speed, changing ski performance, adapting to steeper terrain, or transitioning from on-piste to off-piste.
- Clinic Leaders will demonstrate how to connect big-picture student goals with the development of Alpine Skiing Fundamentals to plan relevant progressions with a clear direction and focus.
- Explore how to adapt the initial lesson plan to evolving student needs. How might an instructor alter the pacing, amount and type of feedback, choice of activities, and/or group management to create a successful lesson.

- Participants will practice planning lessons that apply progressive learning experiences, aligning with student motivations and maintaining clear direction and focus.

Alpine Level 3 Certification Camp: Day 5

The final day of camp will focus on developing the group's ability to implement collaborative lessons that adapt to the changing needs of the students to help them understand and apply what they learn.



Learning Outcomes

By the end of today's clinic, successful participants will be able to:

- Explain how intentionally altering speed, accuracy of movements, turn shape, and/or environment aids in the development of specific alpine fundamentals and skiing applications relevant to expert skiers.
- Utilize learning experiences to reflect on changes, anchor learning, and apply reflections to agreed-upon outcomes.

Learning Experiences

- Explore when to ski students faster or slower, and how turn shape and entry/exit angles affect fundamental development. Practice adapting speed and turn shape based on equipment length, width, and shape.
- Refine terrain choices and timing by assessing how to decide between using challenging vs. easier terrain. Incorporate how the decision impacts skill development and how motivations/emotions factor into the decision.
- Participants will explore and experience how terrain features influence skill development. Identify fundamental applications that can be easier to teach on convex rollers, ridges, concave features, flatter slopes, or steeper pitches. Clinic leaders and participants will identify specific features to play on while focusing on different skills.
- The group will explore how to narrow and personalize the parameters of an activity to develop skills, enhance performance, and promote engagement towards the individual goals of each student.
- Identify how to pace lessons for optimal engagement and learning based on each students' performance and interactions. When should you: Allow more practice

time? Clarify an activity and its relevance to student goals? Increase or decrease the level of challenge? Apply an attained skill in a new environment?

- Practice connecting with students through feedback that adapts to students' skill acquisition and emotional state.

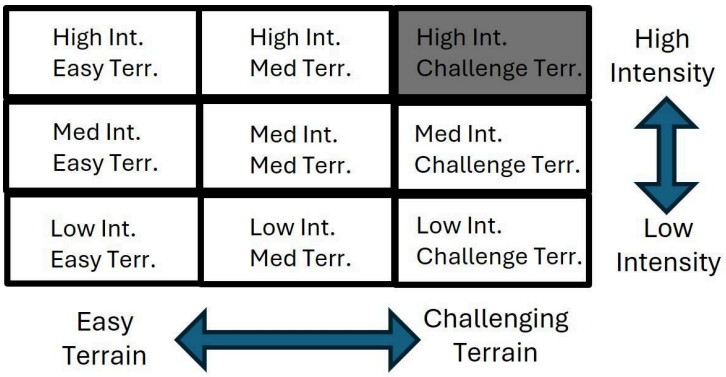
Precision Skiing 401

Duration

1 Day / 6 CEUs

Learning Connection Highlight

Technical Skills



Course Description
Prepares Alpine Trainer Candidates for the Alpine Trainer Skiing Assessment Module, with emphasis on refining demonstrations to enhance visual communication in training settings. Explore Individual and Integrated Assessment Activities from the National Assessment Activity List, using the Indicators of Integration to apply the Skiing Fundamentals and skill blends.

Terrain: primarily groomed green, blue, and black, with potential ungroomed conditions based on learning needs and weather.

Recommended Preparatory Learning or Prerequisites

- Read the PSIA-RM Alpine Trainer Guide
- Clinic Leading 401
- Movement Analysis 401
- Precision Skiing 402

Prerequisite Courses and Skills

- Successful completion of the PSIA-RM Alpine Trainer Entrance Assessment

- Safely ski all groomed and ungroomed terrain (green, blue, black, and double black) suitable to the Assessment Activities on the National Assessment Activity List.

Learning Outcomes

By the end of this clinic, successful participants will be able to:

- Provide inspirational, consistent, and accurate demonstrations of:
    - Integrated Activities while displaying the Indicators of Integration
    - Individual Activities and any variations
- Accurately self-assess the quality of demonstration for Integrated and Individual Assessment Activities
- Describe how equipment and tactical choices impact skill blending and personal performance relative to task and environment.

Learning Experiences

- Practice Wedge, Wedge Christie, Basic Parallel, and Dynamic Parallel Turns using the Indicators of Integration.
- Define clear and measurable parameters to distinguish accuracy through ski performance, line, turn size, corridors, number of turns, etc.
- Utilize available resources to help each candidate identify personal strengths, opportunity, and beliefs that impact their ability to adapt and blend skills to achieve the range of activities explored in this clinic.
- Participants will identify and describe patterns of personal strengths, opportunities, tactical cues and beliefs that influence their ability to demonstrate the Assessment Activities explored in this clinic.
- Practice Individual Assessment Activities from the National Assessment Activity List that challenge specific Skiing Fundamental applications or skill blends that enhance technical understanding and/or demonstrations. Vary the performance of the demonstration using speed, accuracy, and/or environment.
- Identify tactics that enhance demonstrations and achieve the desired outcomes/ski performances

Materials/Equipment Needed

- National Assessment Activity List
- PSIA-RM Alpine Trainer Skiing Assessment Form

Recommended Equipment Considerations

- Tuned skis narrower than 98 mm underfoot
- Alpine Ski Boots (Alpine Touring Boots are not recommended).

ROCKY MOUNTAIN

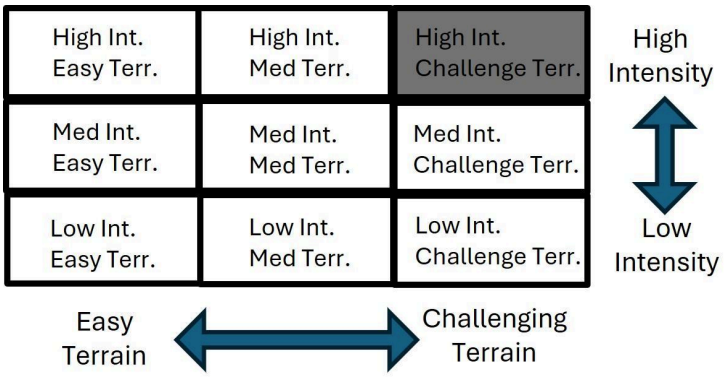
Precision Skiing 402

Duration

1 Day / 6 CEUs

Learning Connection Highlight

Technical Skills



Course Description
Prepares Alpine Trainer Candidates for the Alpine Trainer Skiing Assessment Module, with emphasis on refining demonstrations to enhance visual communication in training settings. Explore Integrated and Versatility Assessment Activities from the National Assessment Activity List, using the Indicators of Integration as a starting point to develop the ability to vary turn shape, size, and line at different speeds.

Terrain: available groomed and ungroomed, with a wide range of skiing intensities.

Recommended Preparatory Learning or Prerequisites

- Read the PSIA-RM Alpine Trainer Guide
- Clinic Leading 401
- Movement Analysis 401
- Precision Skiing 402

Prerequisite Courses and Skills

- Successful completion of the PSIA-RM Alpine Trainer Entrance Assessment

- Safely ski all groomed and ungroomed terrain (green, blue, black, and double black) suitable to the Assessment Activities on the National Assessment Activity List.

Learning Outcomes

By the end of this clinic, successful participants will be able to:

- Provide inspirational, consistent, and accurate demonstrations of:
    - Integrated Activities while displaying the Indicators of Integration
    - Versatility Activities and any variations
- Accurately self-assess the quality of demonstration for Integrated and Versatility Assessment Activities
- Describe how equipment and tactical choices impact skill blending and personal performance relative to task and environment.

Learning Experiences

- Practice Wedge, Wedge Christie, Basic Parallel, and Dynamic Parallel Turns using the Indicators of Integration.
- Utilize available resources to help each candidate identify personal strengths, opportunity, and beliefs that impact their ability to adapt and blend skills to achieve the range of activities explored in this clinic. Encourage participants to explore which elements from their Versatility Skiing that can improve the Integrated Demos and vice versa.
- Demonstrate variations of Skiing Fundamentals and skill blends through exploration of Versatility Assessment Activities in both groomed and ungroomed settings while varying speed and accuracy
- Identify tactics that enhance demonstrations and achieve the desired outcomes/ski performances
- Define clear and measurable parameters to distinguish accuracy through ski performance, line, turn size, corridors, number of turns, etc.

- Clarify technical topics such as skills blend, application, and performance standard for Activities as needed.

Materials/Equipment Needed

- National Assessment Activity List
- PSIA-RM Alpine Trainer Skiing Assessment Form

Recommended Equipment Considerations

- Tuned skis narrower than 98 mm underfoot
- Alpine Ski Boots (Alpine Touring Boots are not recommended).

ROCKY MOUNTAIN

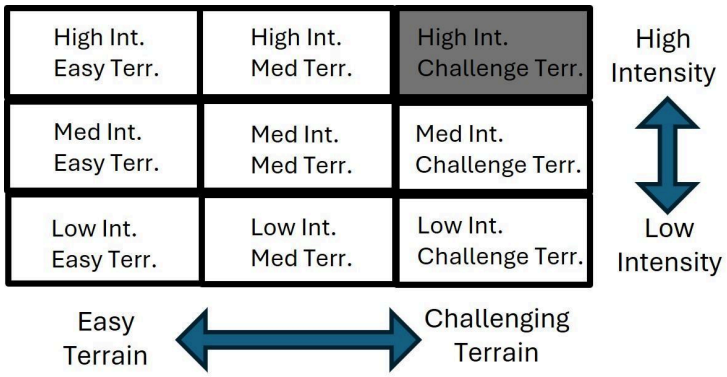
Movement Analysis 401 On-Snow

Duration

1 Day / 6 CEUs

Learning Connection Highlight

Technical Skills



Course Description

Train for the Alpine Trainer Movement Analysis/Technical Understanding Assessment. Analyze other participants' skiing, have your own skiing analyzed in turn, evaluate members of the general public, and engage in technical discussions about skiing.

Terrain: all terrain and conditions available.

Recommended Preparatory Learning or Prerequisites

- Read the PSIA-RM Alpine Trainer Guide
- Precision Skiing 401
- Clinic Leading 401

Prerequisite Courses and Skills

- Level 3 Certified instructors who have passed the Alpine Trainer Entrance Exam.

Learning Outcomes

By the end of this clinic, successful participants will be able to:

- Analyze skiing of any level skier (up to Alpine Trainers) and include:

- A prescription for change that helps the skier affect their speed, turn shape, turn size, and/or ski-snow interaction
- Combinations of skiing fundamentals, and how they interact with each other, to describe the skier's speed control, turn shape, turn size, line, and/or ski-snow interaction.
- Supporting details for the description and prescription for change based in biomechanics and/or physics

Learning Experiences

- Identify technical understanding topics for discussion and clarification.
- Choose specific skiing tasks to analyze other group member's skiing.
- Practice analyzing skiing and using the parameters of certification standards to frame the analysis. For example, provide an analysis of someone's skiing at the Cert 1 standard. Then expand on it to meet the Cert 2 standard. Then expand on it again to meet the Cert 3 standard. Discuss the benefits of adapting the depth of the analysis to support the training needs of instructors at the participant's home resorts.

Materials/Equipment Needed

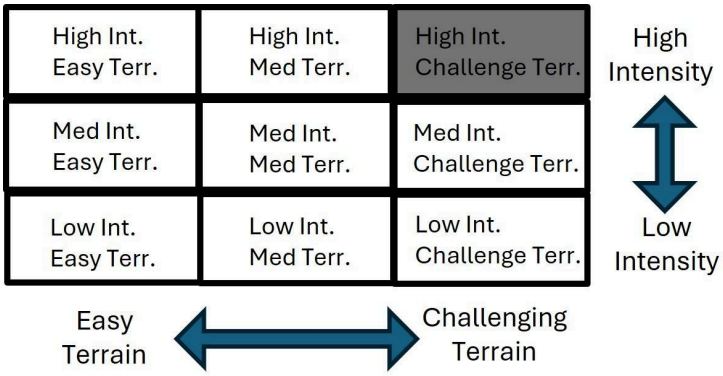
- PSIA-RM Alpine Trainer Clinic Leading Assessment Form
- PSIA-RM Alpine Trainer Guide
- Recommended Equipment Considerations
  - Tuned skis narrower than 98 mm underfoot
  - Alpine Ski Boots (Alpine Touring Boots are not recommended)

ROCKY MOUNTAIN

Clinic Leading 401

Duration

2 Days / 12 CEUs



Learning Connection Highlight

Teaching and People Skills

Course Description

Train for the Alpine Trainer Clinic Leading Assessment by developing clinic delivery skills, building learning experiences from learning outcomes, and integrating the needs of organizations (home resorts and/or PSIA-AASI) with the needs of clinic participants.

Terrain: all terrain and conditions available.

Recommended Preparatory Learning or Prerequisites

- Read the PSIA-RM Alpine Trainer Guide
- Precision Skiing 401
- Movement Analysis 401

Prerequisite Courses and Skills

- Level 3 Certified instructors who have passed the Alpine Trainer Entrance Exam
- Safely ski and lead a group on green, blue, and black diamond trails

Learning Outcomes

By the end of this clinic, successful participants will be able to:

- Create learning priorities based on clinic participant needs and organizational (home resorts and/or PSIA-AASI) needs
- Create learning experiences based on learning outcomes from a written clinic outline
- Adapt learning experiences to inspire clinic participants' learning.
- Deliver timely and accurate feedback to clinic participants, effecting change in individual understanding, movements, and/or teaching methods
- Explain what behaviors they use to positively influence clinic participants
- Direct clinic participants' reflections to enhance learning

Learning Experiences

- Identify the inherent challenges of addressing organizational needs (from home resorts and/or PSIA-AASI) and individual needs in a training environment.
- Discuss strategies for creating learning priorities.
- Using PSIA-RM's continuing education clinic outlines (not certification prep clinic outlines) collaborate to create learning experiences from the learning outcomes. Participants will have the opportunity to workshop the delivery of the learning experience to the group.
    - Have the group reflect on the learning experience and evaluate its effectiveness in achieving the learning outcome and in engaging group members in the experience.
- Using a technical topic (e.g. angulation, steering, shaping turns, pole usage in various skiing situations, etc.) workshop creating and delivering learning experiences to other group members. Integrate the technical topic to a skiing situation, environment, or application of fundamentals.
- Identify characteristics of inspiring coaching from a personal experience. Develop strategies to implement them as a clinic leader. Test them out and identify what conditions, situations, and variables lead to success and failure.

Materials/Equipment Needed

- PSIA-RM Alpine Trainer Clinic Leading Assessment Form
- PSIA-RM Alpine Trainer Guide
- Recommended equipment considerations
    - Tuned skis narrower than 98 mm underfoot
    - Alpine ski boots (alpine touring boots are not recommended)

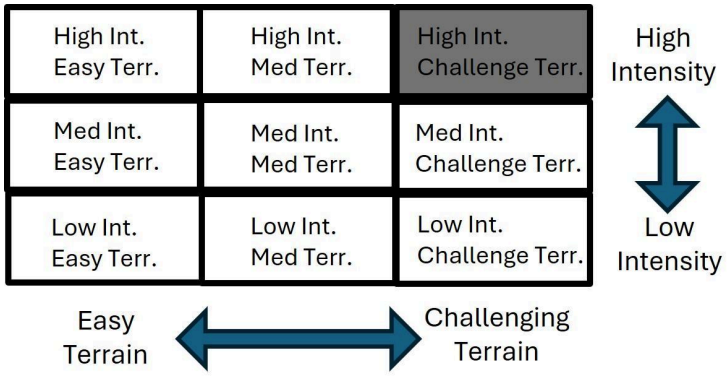
Clinic Leading 402: Ski the Conversation

Duration

2 Days / 12 CEUs

Learning Connection Highlight

People Skills



Course description

Take your clinic leading skills to the next level with a deep dive into how People Skills affect the learning environment. Learn how Rudy Miick's Safe Space System for Conscious Communication can help you identify your communication strengths, refine clinic plans, adapt your delivery methods to meet the needs of your peers, and facilitate reflections for advanced/expert skiers.

Terrain: primarily groomed and ungroomed green, blue, and black diamond.

Recommended Preparatory Learning or Prerequisites

- Clinic Leading 401
- Prepare a ski performance clinic outline for your peers
- Elements of the Miick Safe Space System for Conscious Communication™
    - My Truth, my experience
    - Track data, and be aware of meaning making
    - Intention and impact
    - Make “I” statements

Prerequisite Courses and Skills

- Level 3 Certified instructors who have passed the Alpine Trainer Entrance Exam
- Safely ski and lead a group on green, blue, and black diamond trails

Learning Outcomes

By the end of this clinic, successful participants will be able to:

- Paraphrase the elements of the Miick Safe Space System for Conscious Communication™
    - My Truth, my experience
    - Track data, and be aware of meaning making
    - Intention and impact
    - Make “I” statements
- Identify their strengths and weaknesses as a clinic leader using Rudy Miick’s Safe Space Elements™.
- Identify and anchor their peers’ best practices using Safe Space
- Implement aspects of the Miick Sage Space System for Conscious Communication™ in their clinic leading

Learning Experiences

- Learn about and differentiate Rudy Miick’s Safe Space Elements™ from each other.
- Participate in peers’ clinics and provide feedback and coaching to strengthen their delivery based on Rudy Miick’s Safe Space Elements™.
- Prepare a clinic outline for other Alpine Trainer candidates and lead the group in your clinic. The group will work together to strengthen the delivery of your clinic based on Rudy Miick’s Safe Space Elements™.

Materials/Equipment needed

- Rudy Miick’s Safe Space System for Conscious Communication™
- A skiing-performance-clinic outline relevant to Alpine Trainers
- Training by Objective Model
- Recommended Equipment Considerations
    - Tuned skis narrower than 98 mm underfoot
    - Alpine Ski Boots (Alpine Touring Boots are not recommended)

ROCKY MOUNTAIN

CONTINUING EDUCATION CLINICS

Online Clinics

Technical Foundations Online

Duration

Two, 2.5-hour sessions / 6 CEU's

Learning Connection Highlight

Technical and Teaching Skills

Course Description

Why does a ski turn the way it does? This clinic breaks down the physics, biomechanics, and equipment interactions behind every turn, giving you foundational, timeless knowledge you can draw on for the rest of your career. Expect a lively mix of discussion and hands-on experimentation.

Format: two 2.5-hour online sessions via Zoom.

Recommended Preparatory Learning

- Read the PSIA Technical Manual for the discipline you wish to apply
- A working understanding of the Technical Fundamentals for the discipline you wish to apply

Prerequisite Courses and Skills

- Level 1 Certification
- Familiarity with Zoom video calls

Learning Outcomes

By the end of this clinic, successful participants will be able to:

- Identify key technical concepts that create the foundational content for intermediate and advanced/expert ski lessons.
- Demonstrate an understanding of how biomechanics allows the body to move.
- Demonstrate how basic physics principles cause and allow skiers and riders to move.
- Demonstrate how biomechanics combined with basic physics principles can help us understand effective and ineffective skiing and riding movements.
- Demonstrate how movement analysis models are supported by biomechanics and basic physics principles.

Learning Experiences

- Engage with the Technical Foundations Power Point presentation used to guide course content and discussion.
- Actively seek to engage participants in discussions and questions to highlight technical concepts
- Bring information to life through fun demonstrations, movement, analogies and comparisons to participants' actual lesson experiences.
- Have participants experience movements that will allow them to feel and see how the technical fundamentals are anchored in the principles learned.
- Utilize videos of skiing and riding to show how the technical foundations principles and movement analysis models work together to help us understand effective and ineffective riding and skiing movements and outcomes.

Materials/Equipment Needed

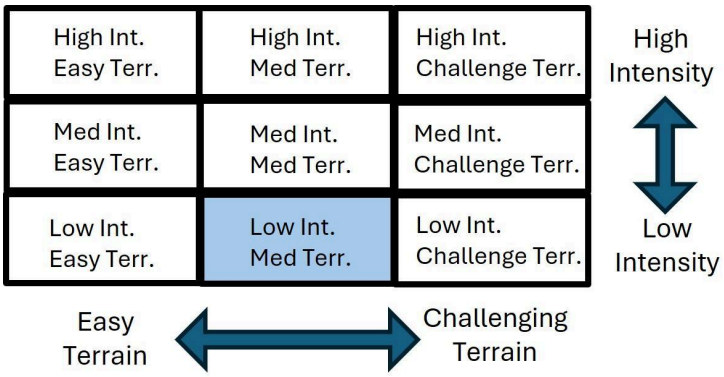
- Technical Foundations PowerPoint presentation
- Zoom meeting logistics
- Props/electronic handouts to enhance learning*s*

Low Intensity Clinics

Cruising the Groomers

Duration

2 Days / 12 CEUs



Learning Connection Highlight

Technical Skills

Course Description

Keep the intensity low and the accuracy high in this fun, focused clinic on the groomers (in the event of fresh snow, your clinic leader will hunt down the "most groomed" terrain available). Blend fundamentals to maximize modern ski design and technique while minimizing physical effort.

Terrain: groomed green and blue, with groomed black diamond depending on group, conditions, and resort. Low-intensity.

Recommended Preparatory Learning or Prerequisites

- None

Prerequisite Course(s) and Skills

- Alpine Level 1 Certification
- Able to safely ski groomed green and blue terrain

Learning Outcomes

By the end of this clinic, successful participants will be able to:

- Demonstrate skill blends that lead to managing consistent speed through turn shape, resulting in seamless linked turns.
- Choose speeds, turn sizes, and turn shapes that lead to managing speed with minimal braking through the finish phase of the turn.

Learning Experiences

- Explore tactics including visual anticipation from fall-line to fall-line.
- Explore how steering affects turn shaping and therefore speed control.
- Explore how to accelerate and decelerate without changing the turn size
- Explore how to maintain a consistent speed from turn to turn.
- Explore how braking at the end of the turn affects the initiation of the next turn.

Materials/Equipment Needed

None

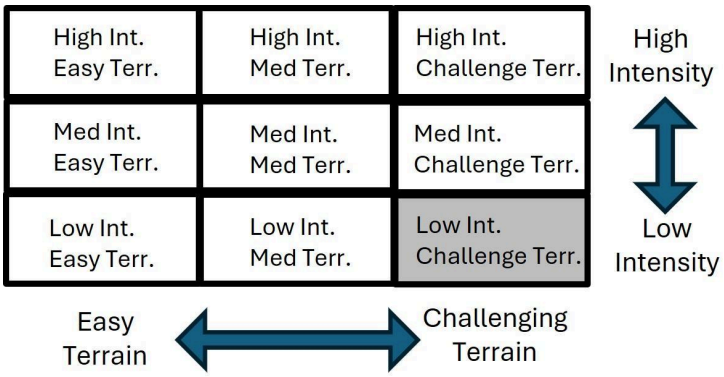
Teaching Intermediate Skiers to Explore the Mountain

Duration

2 days / 12 CEUs

Learning Connection Highlight

Teaching Skills and People Skills



Course Description

Open up the mountain playground for your intermediate students by teaching strong, speed-controlling short turns. Build fun, interactive lessons that grow your students' comfort and success on new terrain and conditions, with controlled skiing that keeps your guests both challenged and confident.

Terrain: groomed and ungroomed green, blue, and easy black. Low- to medium-intensity.

Recommended Preparatory Learning

- PSIA-AASI Teaching Snowsports Manual
- Other applicable resources (Alpine Teaching Handbooks, personal teaching experience, etc.)

Prerequisite Course(s) and Skills

- Level 1 Certification

Learning Outcomes

By the end of this clinic, successful participants will be able to:

- Develop interactive lesson plans, group handling skills, and varying approaches to unlock the mountain playground for intermediate skiers.
- Use short turns to form the foundation for a controlled approach to develop various tactics and performance outcomes for all-mountain skiing.

Learning Experiences

Explore and develop:

- Varied turn shapes for speed controlling, accelerating and braking short turns
- Tactics and group handling to use gained skills in new terrain and conditions across the mountain
- Interactive, fun, terrain-based lessons

Materials/Equipment Needed

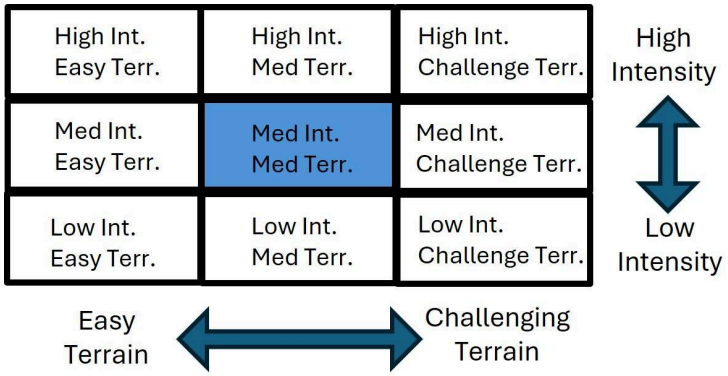
None

Medium Intensity Clinics

Alpine Tricks of Trees

Duration

1 day / 6 CEUs



Setting

On-Snow

Learning Connection Highlight

Technical, Teaching, and People Skills

Course Description

Take your skiing from the groomers to the trees, exploring tactics for teaching in and bringing students to new and exciting adventures. Blend fundamentals to ski varying terrain and conditions, building the skills, confidence, and comfort you need among the trees. PSIA-RM Education Staff guide your own development alongside teaching progressions, class handling, and tactical considerations for leading students into the forested, unprotected world of tree skiing.

Terrain: varying, tree skiing. Medium- to high-intensity.

Prerequisites Courses and Skills:

- Alpine Level 2 Certified
- Comfortable and confident on a variety of blue terrain including variable snow conditions

Learning Outcomes:

By the end of this clinic, successful participants will be able to:

- Describe group management and teaching tactics to safely transition off the groomers and into the trees.

- Demonstrate the skills and tactics required to ski in the trees and how to develop and recognize them in your students.

Learning Experiences:

- Discuss the current challenges present when teaching or skiing in tree terrain and what skills and tactics will address those challenges.
- Ski different activities to explore how varying the DIRT of body and ski performance apply to groomed terrain and in the trees.
- Practice navigating tree terrain as a group and tactics for group management.
- Ski through activities that are helpful for identifying skills in students necessary for tree skiing

Materials Needed

No Specific Materials

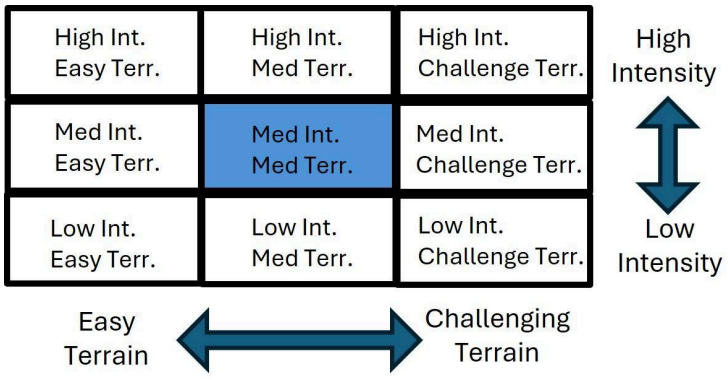
Double Trouble: Alpine Meets Telemark

Duration

1 day / 6 CEUs

Learning Connection Highlight

Technical Skills



Course Description

Ignite your sense of balance and accuracy, like throwing gasoline on burning embers! This clinic focuses on Alpine skiing using Telemark equipment and technique. Try a wide variety of tasks and terrain, switching between Telemark and Alpine equipment to highlight movement patterns and sharpen your accuracy. Free your heel and free your skiing!

Recommended Preparatory Learning

- Review the Alpine Technical Fundamentals
- Review the Telemark Technical Fundamentals

Learning Outcomes

By the end of this clinic, successful participants will be able to:

- Identify and describe movement patterns and biases that are impeding or enhancing performance in their alpine skiing
- Apply new/more accurate movements to their own skiing
- Demonstrate skiing with more accuracy in the application of the Alpine Technical Fundamentals; particularly in the F/A and its relationship to the other fundamentals

- Demonstrate basic Telemark skiing or improvements in their own Telemark skiing (as desired)

Learning Experiences

- Warm up Alpine skiing with Telemark equipment
- Task skiing at any level with a focus on the refined accuracy required. Specifically:
    - Outside ski turns
    - White Pass turns
    - Pivot slips
    - Javelin turns
    - Short turn
    - Variable Terrain
    - Bumps
- Alpine skiing with Alpine equipment highlighting the crossover skills gained
- Telemark skiing with a focus on the practical use of Telemark technique

Materials/Equipment Needed

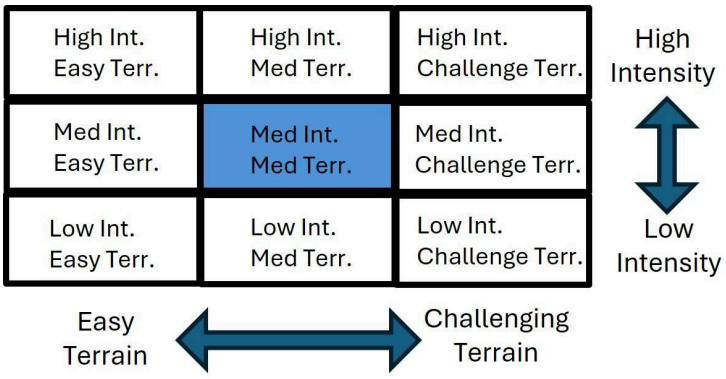
- National Assessment Activity List
- Alpine equipment
- Telemark equipment available on a first-come, first-served basis

ROCKY MOUNTAIN

Fall Workshop

Duration

2 Days / 12 CEUs



Learning Connection Highlight

Technical Skills

Course Description

Get an early-season tune-up on your technique from top PSIA-RM Regional Education Staff, and swap tips with your peers on how to "get back on 'em." Individual feedback with video creates a focused development plan to carry you into a successful season and beyond.

Recommended Preparatory Learning or Prerequisites

- Working understanding of the Alpine Technical Fundamentals.

Prerequisite Courses and Skills

- Alpine Level 1 Certification
- Participants can safely ski blue terrain while maintaining a parallel relationship.

Learning Outcomes

By the end of this clinic, successful participants will be able to:

- Describe personal strategies for success in early season skiing warm up.
- Describe technical and tactical choices relevant to success in personal skiing in a variety of terrain and snow conditions.
- Demonstrate free skiing with balance and control in all mountain situations and snow conditions relevant to the group's ability.

Learning Experiences

- Warm-up through a progression from low-risk terrain and snow conditions to more challenging situations at the pace of the group.
- Practice skiing activities that promote balance in all planes.
- Explore the Indicators of Integration and their role in warming up.
- Align tactics to promote successful early-season skiing.
- Identify possible alignment or equipment issues.
- Explore terrain to enhance skill blends and applications of fundamentals.

Materials/Equipment Needed

- Well-tuned skis able to manage the expected snow conditions and terrain available during this clinic.

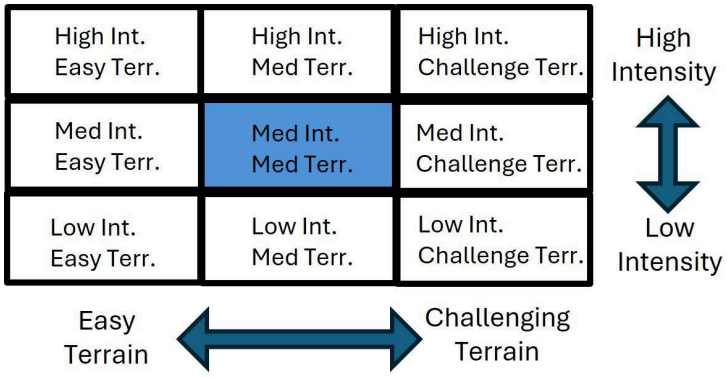
Movement, Stance, and Balance

Duration

1 Day / 6 CEU's

Learning Connection Highlight

Technical Skills



Course Description

Feel and see how boot and binding angles affect skiing performance. Jim Lindsay from BOOTech, Inc. at Aspen Highlands joins RM Examiners to help you experience how equipment shapes movement, stance, and balance, trying several different fore/aft and lateral alignments along the way.

Recommended Preparatory Learning or Prerequisites

- Technical Foundations

Prerequisite Courses and Skills

- Level 1 Alpine Certification
- Ability to ski groomed and ungroomed green, blue, and black terrain.

Learning Outcomes

By the end of this clinic, successful participants will be able to:

- Identify the alignment, ski performance, and body actions of over-edged, under-edged, over-ramped, and under-ramped boot alignments.
- Describe how boot alignment affects a skier's movements, stance, and balance.
- Identify potential methods for temporarily adjusting a skier's boot alignment.

Learning Experiences

- Ski with shims to experience various boot alignments.
- Observe other participants' stance, movements, and balance while they are skiing with various boot alignments.
- Discuss the interplay between movement-based and equipment-based issues.

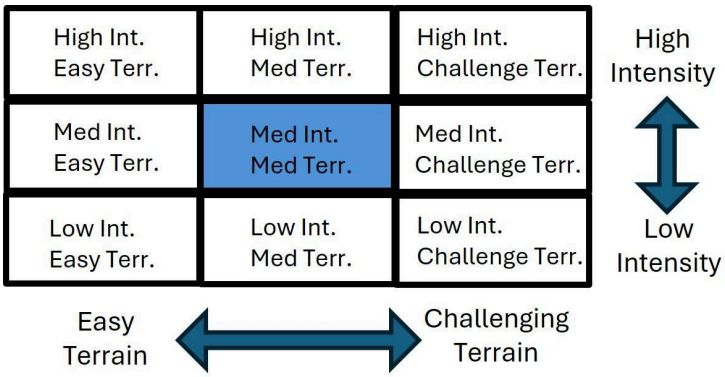
Participant Materials/ Equipment Needed

- A front-side carving ski narrower than 88mm underfoot is recommended.
- Alpine Ski Boots (Alpine Touring Boots are not recommended).
- Supplied shims to create various lateral and fore/aft boot alignments

RM Alpine Season Kick Off

Duration

2 Days / 12 CEUs



Learning Connection Highlight

Technical Skills

Course Description

Join us for an exciting two-day Alpine Season Kickoff, where you'll refresh your skiing skills and Learning Connection Model knowledge in an early-season clinic built to help you get your feet under you. Enjoy personalized coaching to sharpen your skiing, plus the chance to network with instructors from across the Rocky Mountain Region.

Recommended Preparatory Learning or Prerequisites

- Working understanding of the Alpine Technical Fundamentals.

Prerequisite Courses and Skills

- Alpine Level 1 Certification
- Participants can safely ski blue terrain while maintaining a parallel relationship.

Learning Outcomes

By the end of this clinic, successful participants will be able to:

- Describe personal strategies for success in early season skiing warm up.
- Describe technical and tactical choices relevant to success in personal skiing in a variety of terrain and snow conditions.
- Demonstrate free skiing with balance and control in all mountain situations and snow conditions relevant to the group's ability.

Learning Experiences

- Warm-up through a progression from low-risk terrain and snow conditions to more challenging situations at the pace of the group.
- Practice skiing activities that promote balance in all planes.
- Explore the Indicators of Integration and their role in warming up.
- Align tactics to promote successful early-season skiing.
- Identify possible alignment or equipment issues.
- Explore terrain to enhance skill blends and applications of fundamentals.

Materials/Equipment Needed

- Well-tuned skis able to manage the expected snow conditions and terrain available during this clinic.

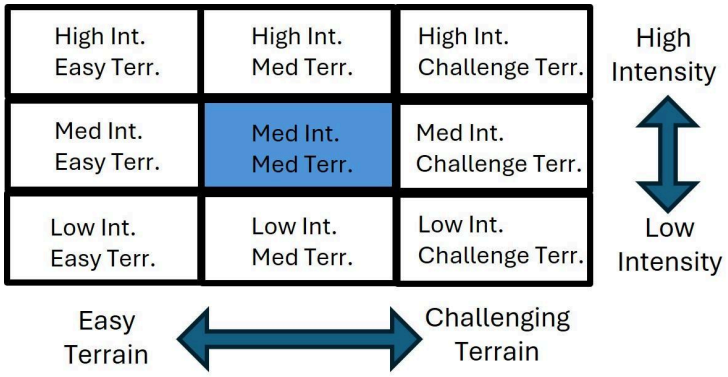
The Rocky Mountain EDWIN T (Experiential Development With Integrated Tech) Clinic

Duration

2 Days / 12 CEUs

Learning Connection Highlight

Teaching Skills and Technical Skills



Course Description

An updated take on the classic Edwin Terrell Clinic, this session explores integrating your skiing skills by modifying speed, environment, and accuracy in skiing tasks. Using learning models outside the standard PSIA-AASI curriculum, define and distinguish "Principles" from "Characteristics" as a method for teaching others and refining your own skiing. Explore how "seeking equilibrium" sharpens the way your equipment responds while you ski.

Recommended Preparatory Learning or Prerequisites

- Technical Foundations

Prerequisite Courses and Skills

- Level 1 Certification
- Ability to safely ski all green, blue, and black groomed and ungroomed terrain.

Learning Outcomes

By the end of this clinic, successful participants will be able to:

- Demonstrate accurate skiing through an exploration of “Principles and Characteristics.”

Learning Experiences

- Explore variations of National Assessment Activity List tasks and historic assessment skiing tasks. Emphasis will be placed on modifications to create intrinsic feedback and accountability for the accuracy of executing the task.
- Explore movement patterns through “teaching for transfer” approach to test personal edge of “equilibrium” and explore lateral learning.
- Discuss distinctions and relationships of “principles,” “characteristics,” and “equilibrium.”

Materials/Equipment Needed

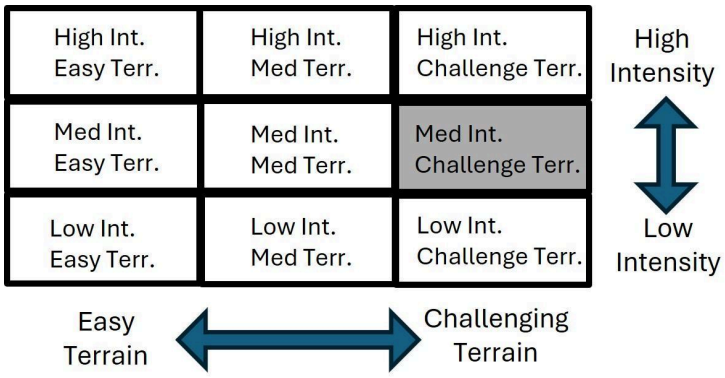
None

ROCKY MOUNTAIN

Let's Get Off-Piste

Duration

2 days / 12 CEUs



Learning Connection Highlight

Technical, Teaching, and People Skills

Course Description

Move fluidly between on- and off-piste skiing to sharpen your precision and versatility in this dynamic, all-mountain approach. Learn to proactively respond to changes in the snow surface with sound tactical choices, refining your skill-blending options across groomed and variable terrain. Along the way, we'll discuss teaching strategies and ideas for building stronger connections with your students.

Terrain: groomed and variable, on- and off-piste. Medium- to high-intensity.

Recommended Preparatory Learning or Prerequisites

- Read PSIA-AASI's "Tactics for All-Mountain Skiing"

Prerequisite Course(s) and Skills

- Level 1 Certification
- Ability to ski groomed & ungroomed green, blue, and black terrain.

Learning Outcomes

By the end of this clinic, successful participants will be able to:

- Adjust and adapt technique and/ or tactics to ski at a consistent speed using short, medium, and long turns for different snow conditions.

Learning Experiences

- Identifying and practicing activities and tactics to enhance performance in both on & off-piste environments.
- Practice skiing different corridor widths, and maintaining corridor widths, while altering speeds and turn shapes.
- Distinguish between techniques and tactics that work on-piste and off-piste.
- Discussion topics –
    - How do customized and well-paced learning activities promote exploration, experimentation, and play towards a desired outcome?
    - How do we use on and off-piste environments to meet the changing needs of individuals?

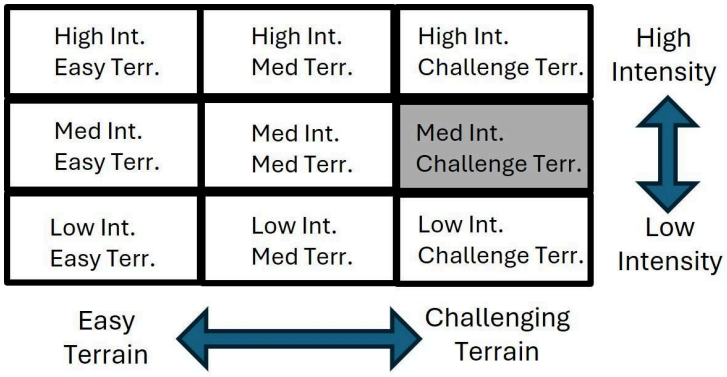
Materials/Equipment Needed

- None

Women's All Mountain Performance (WAMP)

Duration

2 Days / 12 CEUs



Learning Connection Highlight

Technical skills

Course Description

Come ski in the advanced zone with female PSIA-RM Education Staff, challenging yourself and pushing your boundaries in this all-female, supportive environment. Explore equipment choice and setup, terrain selection, technique, and tactics, then apply your new skills on snow with individual feedback tied to your own goals.

Terrain: advanced zone.

Recommended Preparatory Learning or Prerequisites

- None

Prerequisite Courses and Skills

- Alpine Level 1 Certified
- Able to safely ski all groomed and ungroomed green, blue, and black terrain.

Learning Outcomes

By the end of this clinic, successful participants will be able to:

- Adapt a variety of skill blends, fundamentals, and tactics in a variety of situations and new conditions relative to personal goals.

Learning Experiences

- Build trust and rapport through an exploration of motivations, understandings, and performance needs to leverage strengths, identify challenges, and elevate the skiing skills and confidence within the group.
- Identify at least one cue/focus that elevates their skiing skill or confidence.

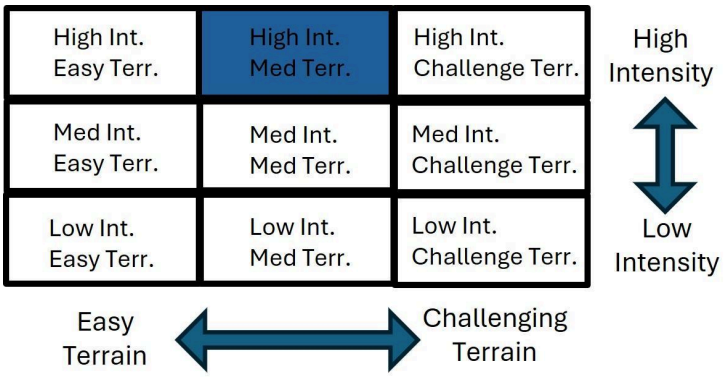
- Identify a tactical and/or technical focus that supports their goal.
- Explore and share potential innate biases, individual morphology, and equipment choices/setup in a supportive community of women who share similar challenges.
- Utilize group/individual practice time that allows individuals to explore and reflect on experiences to identify and ground cues that lead to desired performances.
- Develop a personal improvement plan to continue progress toward stated goals.

Materials/Equipment Needed

- Well-tuned skis appropriate for exploring a variety of terrain.

High Intensity Clinics

Technical Foundations On Snow



Duration

1 day /6 CEUs

Learning Connection Highlight

Technical and Teaching Skills

Course Description

This one day on snow course focuses on the technical aspects of contemporary skiing and the foundations for understanding the Alpine Technical Fundamentals. Participants will have the opportunity to learn key technical concepts and relate these concepts to their personal skiing and that of their students. Through activities participants will experience how biomechanics and basic physics principles affect skiers and riders.

Recommended Preparatory Learning

- Read the PSIA Technical Manual
- A working understanding of the Alpine Technical Fundamentals

Prerequisite Courses and Skills

- Level 1 Certification

Learning Outcomes

By the end of this clinic, successful participants will be able to:

- Identify multiple concepts in physics and how these concepts have an effect on a skier's performance. E.g., mass, inertia, momentum, centripetal force, Newton's Laws and others as needed.
- Identify concepts in biomechanics and how these concepts relate to a skier's ability to perform. E.g., Joints of the feet & legs, types of movements available in these joints (flex/extend, rotation, evert/invert, etc.)
- Discuss differences in equipment and how these differences can affect a skier's performance. (ski width, shape, length, etc.)
- Utilize biomechanics and physics principles to better recognize and enhance effective skiing movements.
- Demonstrate through movement and discussion how physics, biomechanics and equipment interrelate and are supported by the Alpine Technical Fundamentals and the Skills Concept.

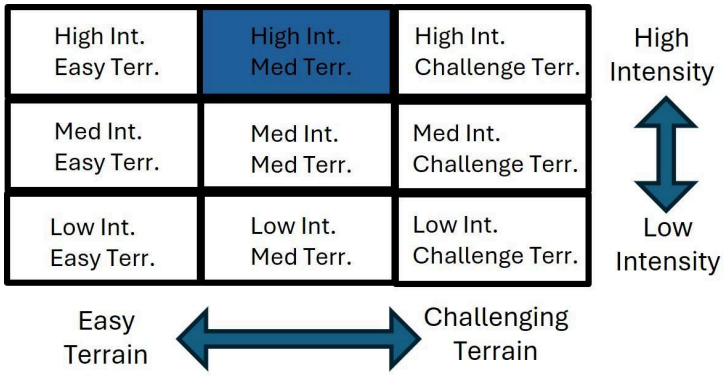
Learning Experiences

- During warm up runs discuss physics principles (CoM, momentum, Newton's Laws, etc.), biomechanics and the Alpine Technical Fundamentals
- Using a variety of skiing tasks from the National Assessment Activity List (and variations) explore how and why skis turn from the perspective of physics and through ski/snow interaction
- Using a variety of skiing tasks from the National Assessment Activity List (and variations) explore how the body is able to move (biomechanics) to enhance the application of the Alpine Technical Fundamentals.
- Apply the principles and understandings to Basic Parallel turns. Adjust the skill blend to highlight how these principles affect performance.
- Using a spectrum of Centerline tasks (wedge turns through dynamic mediums) use the Centerline tasks to highlight the concepts at all levels
- Highlight technical concepts through discussion, questions and answers.
- Relate the technical concepts to teaching experiences.

Materials/Equipment Needed

- National Assessment Activity List
- Alpine equipment

Tip It and Rip It



Duration

2 days / 12 CEUs

Learning Connection Highlight

Technical Skills

Course Description

Sharpen your on-piste skiing by exploring skill blending and tactics in this medium- to high-intensity clinic. Improve turn shape, turn size, and speed control while carving with accuracy. Learn to manage terrain and pace, designing activities that encourage exploration and experimentation, then take teaching ideas home to help your own students improve their on-piste skiing.

Terrain: green, blue, and black. Medium- to high-intensity.

Recommended Preparatory Learning or Prerequisites

- None

Prerequisites Courses and Skills

- Alpine Level 1 Certified
- Able to safely ski groomed green and blue terrain

Learning Outcomes

By the end of this clinic, successful participants will be able to:

- Adjust skill blends and application of fundamentals to create carving ski performances.
- Control/adjust speed through a variety of turn shapes and sizes utilizing ski design while carving.
- Maintain consistent speed and flow in high-intensity, on-piste skiing.

Learning Experiences

- Explore how to adjust skill blends and tactics to develop/enhance carving and high performance on-piste skiing skills.
- Practice skiing drills to enhance specific skills/fundamentals for application in dynamic parallel turns and carving.

Materials/Equipment Needed

- Recommended Equipment Considerations
    - Tuned skis narrower than 98 mm underfoot
    - Alpine Ski Boots (Alpine Touring Boots are not recommended)

ROCKY MOUNTAIN

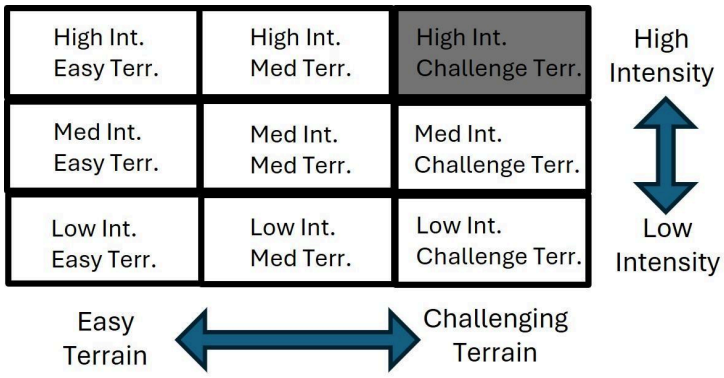
Alpine Giant Slalom Race Clinic

Duration

2 days / 12 CEUs

Learning Connection Highlight

Technical Skills



Course Description

Spend the day in this clinic co-designed by Alice Mckennis Duran, a Colorado native, former US Ski Team Member, PSIA-AASI member, and 2025 inductee to the Colorado Snowsports Hall of Fame. Alice partners with PSIA-RM to share how race training elevates your skiing: practice drills outside the course to develop precision, learn to inspect courses to understand race tactics, then put the two together skiing a giant slalom course. Skiing race courses spotlights how tactics and technique align for great skiing, useful for every PSIA-AASI member and essential for anyone planning to attend an ISIA Speed Test.

Prerequisite Courses and Skills

- Strong parallel skiing skills on groomed terrain.
- Comfort skiing at higher speeds on variable snow conditions.
- Prior alpine race course experience is beneficial but not required.

Learning Outcomes

By the end of the clinic, successful participants will be able to:

- Identify and demonstrate skiing a “fast” race line.
- Execute correct technique for speed and control.
- Explain and apply course inspection strategies.
- Ski with speed and precision.

Learning Experiences

- Video and analysis at lunch with Alice.
- Use of visual aids in the course including brushes and/or blue dye.
- Tuck positioning analysis and coaching.
- Coaching on accurate clearing of gates.
- Assessment and analysis of race line.
- Elements of racecourse inspection.

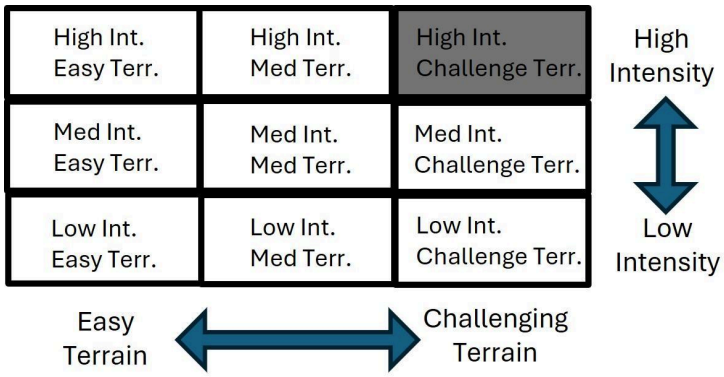
Participant Materials/Equipment Needed

- Giant Slalom race skis, or on-piste skis no wider than 78mm, recommended.
- “Masters” ski acceptable (17m-23m radius preferable).
- Arms or vest protection recommended.

Staff Materials/Equipment Needed

- Brushes
- Gates
- Timing equipment
- Video camera / iPad

Performance Bumps



Duration

2 Days / 12 CEUs

Learning Connection Highlight

Technical and Teaching Skills

Course Description

Dive into the challenge and fun of high-performance bump skiing! Develop touch and regulate magnitude in variable terrain and conditions, blending fundamentals, tactics, and line selection in intermediate and advanced/expert bumps. Bring these improvements straight to your teaching with strategies and ideas for your own students.

Terrain: intermediate and advanced/expert bumps, variable conditions. Medium- to high-intensity.

Recommended Preparatory Learning or Prerequisites

- Read PSIA-AASI's "Tactics for All-Mountain Skiing"

Prerequisite Course(s) and Skills

- Level 1 Certified
- Ski linked short turns in blue and easy black bumps.

Learning Outcomes

By the end of this clinic, successful participants will be able to:

- Ski advanced/expert bumps with flow, control, and options.
- Ski different lines in the bumps including large radius turns, short and round turns, and fall line/zipper lines.

Learning Experiences

- Practice skiing different sized turns in the bumps
- Exploring tactics and technique adjustments required to skiing over, against, & around bumps
- Share different strategies for teaching students who lose control, lack ski/snow contact, and are fearful or overly aggressive, etc.

Materials/Equipment Needed

None

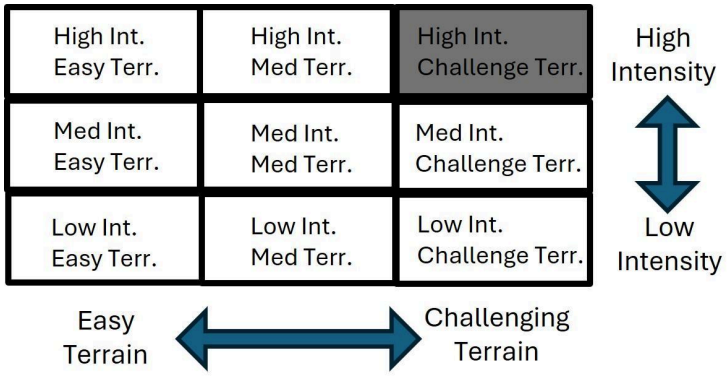
Teaching Advanced Skiers to Master the Mountain

Duration

2 days / 12 CEUs

Learning Connection Highlight

Teaching Skills and People Skills



Course Description

Build your students' mastery and confidence in advanced and expert terrain and challenging conditions. Explore a diverse blend of tactics and skills that deliberately move your students beyond traditional concepts and mainstream PSIA demonstration turns, developing fun, interactive lessons along the way.

Terrain: all terrain relevant to teaching level 8 and 9, including groomed and ungroomed advanced and expert. Medium- to high-intensity.

Recommended Preparatory Learning

- PSIA-AASI Teaching Snowsports Manual
- Other PSIA-AASI Alpine resources, personal teaching experience, etc.

Prerequisites

- Level 2 Certification

Learning Outcomes

By the end of this clinic, successful participants will be able to:

- Develop interactive lesson plans, group handling skills, and varying approaches for advanced students to handle variable terrain and conditions.
- Go “off script” from traditional demos to build versatility in steep, challenging terrain and varied snow conditions.

Learning Experiences

Explore and develop:

- Varied turn shapes, tactics, and approaches to black and double black runs
- Different skill blends and approaches for specific outcomes to develop success in challenging conditions
- Interactive, fun lessons through group handling, tactics, and performance coaching

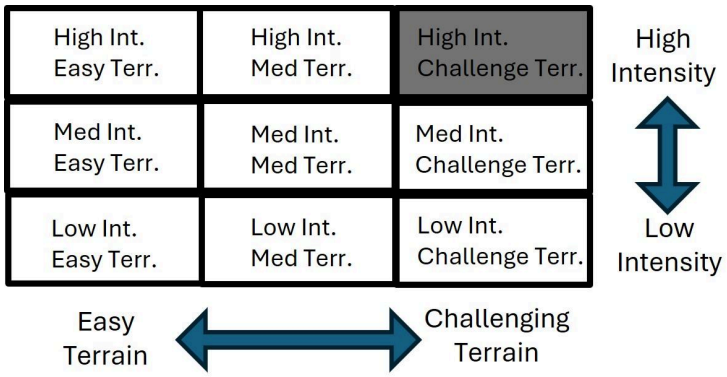
Materials/Equipment Needed

None

Extreme Mountain Performance

Duration

2 Days / 12 CEUs



Learning Connection Highlight

Technical Skills

Course Description

Explore the technical and tactical aspects of skiing steep off-piste terrain in all types of snow conditions. Develop optimal ski and body performance in extreme terrain, building the efficiency to ski proficiently in double black terrain. Use that experience to make informed terrain choices, build long-term lesson plans, and give students the exact "nugget" of coaching they need to expand their comfort zone. This course builds on foundations from the Let's Get Off-Piste Clinic.

Terrain: steep off-piste, all snow conditions, including double black diamond. High-intensity.

Recommended Preparatory Learning or Perquisites

- Get Off-Piste (formerly Front Side/Back Side), or Performance Bumps courses

Prerequisite Courses and Skills

- PSIA Level II Certified instructors and above
- The fitness, tactical decision making, and technical skills necessary to ski any/all open terrain, in any/all conditions (including extreme terrain and conditions) safely and confidently.

The clinic leader may ask any participant(s) who do not have ownership of highly advanced skills, and/or the confidence and versatility to ski any/all open terrain to ski with a more appropriate group, or to contact the PSIA-RM Office for a refund or to reschedule.

Learning Outcomes

By the end of this clinic, successful participants will be able to:

- Demonstrate body performance, ski performance, and appropriate tactics that heighten ski performance on double black terrain.
- Describe the ski/body performance and tactics that contribute to confidence in double black terrain.

Learning Experiences

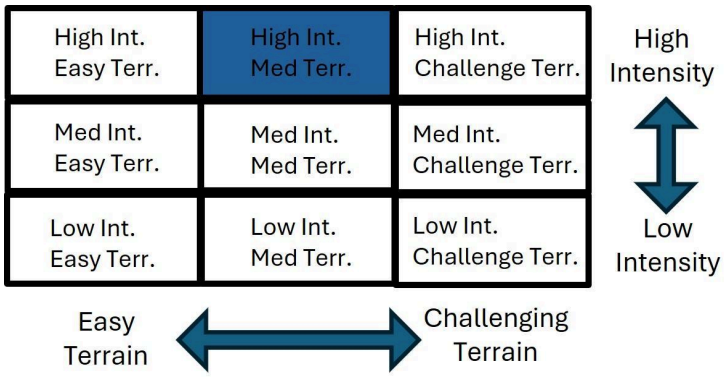
- Explore and discuss effective:
    - Tactics, body performance, and ski performance.
    - Skill and Fundamental blends used to ski extreme terrain on increasingly difficult slopes.
    - Safety procedures for skiing extreme terrain, including self-arrest, spacing, assessing snow conditions, and assessing/managing risk.
- Practice group procedures and group-management prior to adventuring into extreme terrain. (Buddy system, going one-at-a-time, checking conditions, etc.)
- Describe a coaching “nugget” or tip that helped them be able to expand their comfort in challenging terrain and snow conditions.

Materials/Equipment Needed

- Well maintained skis appropriate for the conditions and terrain available.

PSIA-RM Alpine Regional Selections Training- The Whole of It, Broken Down

Duration
2 Day / 12 CEUs



Learning Connection Highlight
All

Course Description
Depth over breadth, that's what's on tap for this intensive regional/national team selection training. Develop accurate skiing through a station-coaching format, with one-on-one coaching that pushes you to think critically about the foundational relationships between movement, ski performance, ski-snow interaction, and their impacts on momentum and motion.

Terrain: Blue, groomed runs.

Recommended Preparatory Learning or Prerequisites
For members committed to attending the PSIA-RM Alpine Regional Selections in 2028, with intentions of trying out for the PSIA-AASI National Team in April 2028.

Prerequisite Courses and Skills
Level 3 Certification

Learning Outcomes
By the end of this clinic, successful participants will be able to:

- Describe how they increased the discipline in a specific movement(s) to gain ski performance without an increase in speed.
- Describe how they refined a ski-snow interaction to preserve momentum without gaining speed.
- Demonstrate effective body discipline to maintain a resilient stance that can withstand higher speeds, forces, and terrain changes.

Learning Experiences

Day 1

- Participants warm up with Basic Parallel turns independently.
- Coaches establish station location.
- Participants make Basic Parallel turns through the station and stop at the bottom to meet with the coaches.Topics include:
    - body discipline for accurate equipment performance
    - Factors affecting effective and desired ski/snow interaction
    - Ski/ snow interactions impact on momentum and skier motion
    - Create precision through repeatable accuracy
- Continue the station format coaching through the day breaking for a group lunch.

- After skiing coaches will lead an indoor discussion/presentation based on topics from the on-snow session. Video analysis of personal performance may be included.

Day 2 Morning

- Warm up Basic Parallels independently.
- Coaches establish station location.
- Participants make Basic Parallel turns through the station and stop at the bottom to meet with the coaches. Continued focus on developing accuracy based on learning from the previous Day.
- Continue the station format coaching through the morning until breaking for a group lunch.

Day 2 Afternoon

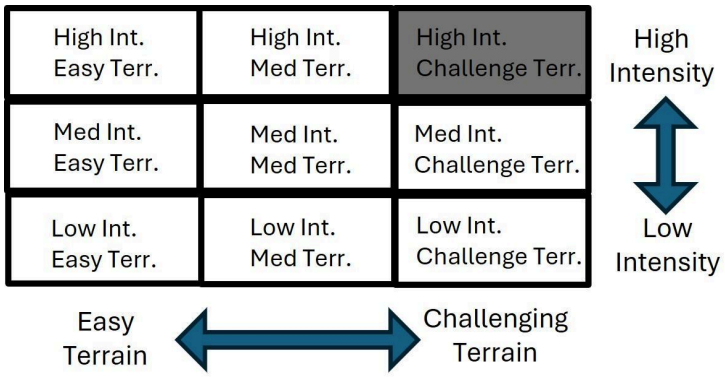
- In the station format, participants will gradually increase speed and intensity of skiing
- Coaching focus transitions from developmental to reinforcing learning from the session and developing precision as intensity increases.

Materials/Equipment Needed

- Video camera and TV
- Recommended equipment considerations:
    - Tuned skis appropriate for Level 3 tasks, terrain, and conditions
    - Alpine ski boots

PSIA-RM Alpine Regional Selections Training- Mistaking Reflection for Substance

Duration
3 Days / 18 CEUs



Learning Connection Highlight
All

Course Description
Before you hang up your skis for summer, join us for this intensive regional/national team selection training. Sidestep the pitfalls of jargon-laden clinics and presentations that lead to hollow conversations and reflections. Learn to create outcomes that are meaningful, actionable, and relevant, grounded in solid ski mechanics rather than vague direction that leaves students filling in the blanks.

Terrain: All terrain open and accessible.

Recommended Preparatory Learning or Prerequisites
For members committed to attending the PSIA-RM Alpine Regional Selections in 2028, with intentions of trying out for the PSIA-AASI National Team in April 2028.

Prerequisite Courses and Skills
Level 3 Certification

Learning Outcomes
By the end of this clinic, successful participants will be able to:

- Lead and facilitate clinics that link skiing mechanics to a skier's motion (turn shape, turn size, and or speed).
- Base conversations and reflections on meaningful content the participant, as a clinic leader, provides.
- Lead indoor presentations that provide practical, actionable direction for the audience.

Learning Experiences

“So you got hot feet and people seem to like you, but do you actually have anything to say?”

- On-snow small group activities and discussions to clarify the link between skiing mechanics and skier’s motion. This will likely include how changes in movements or application of a technical fundamental affects ski performance and ski-snow interaction. The point is to take that chain of thought to the next step to include the impacts on turn shape, turn size, speed, and/or momentum.
- Indoor presentation with tips and strategies for leading impactful indoor presentations based on meaningful content.
- Opportunities to lead on-snow clinics and indoor presentations.

Materials/Equipment Needed

- Recommended equipment considerations:
    - Tuned skis appropriate for Level 3 tasks, terrain, and conditions
    - Alpine ski boots