



# PSIA-Rocky Mountain-AASI



## *Performance Based Tuning & Waxing with HWK*

**Discipline:** All Disciplines welcome

**Time:** 2hrs

**Setting:** Indoors

### **Course Description:**

The focus of this clinic will give the basics of waxing and tuning to prepare and maintain alpine, snowboard and nordic skis. We will go over initial ski preparation, side wall cutting, side wall maintenance and waxing. We will discuss and demonstrate setting side-edge angle, base-angle and how to maintain it. We will also demonstrate how to hand sharpen, and also demonstrate sharpening with the new sidewall machines. Waxing your skis will be demonstrated so that you can wax efficiently and have the best outcome. We will also demonstrate World Cup techniques and waxes for the interested racer. You will come away from this clinic with the ability to maintain your own gear so you have fast and sharp edges all season.

### **Course Objectives:**

- Waxing:
  - Participants will learn the basics of hand waxing ( How, What, Why) for the outcome of a faster ski.
  - Advanced waxing will also be covered
- Edging:
  - Participants will learn how to fine tune their edges for maximum performance
  - Participants will learn how to maintain their edges after a shop tune for maximum performance and efficiency throughout the season.
- Ski Set up:
  - Learn how to set up your gear for your desired outcome
- Sidewall Machine
  - Learn about and how to use a hand-tuning sidewall machine

### **Materials:**

- Feel free to bring your skis/board and any tuning equipment you use at home. There will be time at the end of the event to get feedback on how you wax/edge/set up your gear.
- Bringing your own gear is optional, you do not need to bring anything to attend this event