



ROCKY MOUNTAIN

Adaptive Alpine and Snowboard Instructor Remote Mentoring Opportunities

Discipline: Adaptive

Duration: 1-2 hour segments with specific time and dates to be based upon learning outcomes set.

Setting: Online

Individual Mentoring Package	Group Mentoring Package (minimum 2 people)
1-hour session for \$70	3-hour session \$125 per person
2-hour session for \$100	Customized packages for larger groups available. Please contact PSIA-AASI RM office at 970-879-8335

Course Description:

Individual mentoring sessions with an expert in adaptive snowsports instruction and training will help mentees achieve their goals in adaptive education knowledge, understanding, and application. Topics covered may range across adaptive ski and snowboard disciplines and support certification preparation, teaching guests with specific needs, use of adaptive equipment, training staff and volunteers, safety and risk management, technical insights, movement analysis of guests with disabilities, and more. The mentoring session will be built by the mentee and mentor to include mentee learning outcomes, learning activities to support outcomes, and appropriate amount of session time needed by mentee to acquire ownership of the stated outcomes. The mentor and mentee will schedule mentor session times accordingly.

Prerequisites Courses:

- Complete and submit the Adaptive Alpine/Adaptive Snowboard Instructor Mentoring Opportunity Information Form.



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Knowledge and Experience Expectations:

None, however, snowsports teaching experience is helpful.

Course Objectives:

Learning objectives are set by the mentor and mentee relative to a designated adaptive topic such as this example below:

- Identify risk and safety management components associated with the topic area.
- Select and fit adaptive equipment related to the designated topic area.
- Apply PSIA/AASI's Learning Connection concepts to the Adaptive topic area.
- Design lesson plans based upon the movement needs of guests with a disability.
- Integrate technology applications into lessons for guests with varying diagnoses, orthopedic equipment, and adaptive snowsports equipment.

Potential Learning Outcomes example:

- Exploration of diagnoses and medications for situational application.
- Review safety plans and implementation for specific adaptive disciplines or groups.
- Practice guest assessment processes for adaptive equipment selection and fitting – stand or sit.
- Skill development plan discussion and creation.
- Lesson presentation simulations.
- Video review for gait understanding and application to snowsports, MA, discipline skiing skills, and other.
- Explore specific technology support tools for snowsports participants with varying cognitive, affective, and physical diagnoses.
- Set professional development plan with learning milestones for specific Adaptive discipline modules.

Materials Needed:

- Desktop or mobile device.
- Consistent Internet access.