

Adaptive Snowboard Level 3 Exam Criteria

PSIA-RM-AASI Adaptive Snowboard 2010-2011

ASB Level 3 Prerequisites:

- PSIA/AASI Membership.
- ASB Level 2 Certification plus successful completion of 3rd specialty module or are Snowboard Level 2 Certification and PSIA Adaptive Level 2 Certification at the beginning of the 2010-2011 season.
- Attended ASB Level 3 Exam Prep

ASB Level 3 Certification Considerations for Rocky Mountain:

- Volume: Due to extremely low numbers we are planning to run one prep course and one exam every other season.
- Full Pass: Candidates can only pass the entire exam. There are no partial passes.
- Feedback at Exam: Examiners are allowed to provide feedback to candidates, that is performance specific but not necessarily complete coaching.

ASB Level 3 Standards for RM Division exams:

Riding: Able to confidently ride Bumps, Trees, Park & Pipe, Steep Terrain, Varying snow conditions- focus on application with specific Adaptive students (min. Level 2 Snowboard Standard)

Level 3 Tasks

- The Dance--High speed, short radius turns in Park & Pipe as well as moguls.
- Accelerated Falling leaf on groomed Black runs, focus on U/L Body Separation
- Switch Funnel Turns on Steeper Blue runs
- Tether a bi-ski with fixed riggers down an easy groomed blue run

Teaching:

- Taking Concepts such as Upper/Lower Body separation and Changing Pivot Points and addressing multiple applications, with or with out adaptive equipment
- Teaching and coaching upper level students and/or training newer ASB instructors
- Review Different Guiding Techniques and ability to create your own (example guiding from above, below and side-to-side)
- Communication Skills must be specific, directed and concise to meet the needs of the any adaptive student
- Fine Tuning Techniques for Cognitive impaired Students
- Setup and Progressions (at all levels) for Students with Combined Disabilities

Movement Analysis:

- Must be able to recognize the movement patterns general to the disability and specific to the student and make changes accordingly
- Must understand the proper and safe use of any equipment used in an adaptive snowboard lesson
- Must have overall understanding of the benefits and limitations of the equipment available to assist the adaptive student
- Must have the creativity to develop new tools, toys, and applicable techniques that might assist an adaptive student

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Disability Comprehension:

- Must have a comprehensive knowledge of categories of disabilities (Cognitive, Physical, Neurological) as well as an understanding of disabilities and medications as described in Level 3 Adaptive exam materials, Adaptive Manual and Adaptive Encyclopedia on RM website (adaptive ed. Materials)
- Must have a comprehensive knowledge of the categories of medications, possible side effects, and for which disabilities those medications could and would be used.
- Must be able to work with students with combined disabilities such as a blind amputee, a person with a brain injury who is also deaf, a person with an incomplete spinal cord injury who lost one eye, . . .
- Must be able to teach a beginner Mono Ski Lesson & a beginner Bi-ski Lesson, showing full understanding of the differences in skill application .