



**ROCKY MOUNTAIN DIVISION**

Professional Ski Instructors of America  
American Association of Snowboard Instructors

## **Level III ASB Standard 2021-2022**

### **Riding**

- Should be able to ride Bumps, Trees, Park & Pipe, Steep Terrain, Varying snow conditions--focus on application with specific Adaptive students (Level II Snowboard Standard)

### **Level 3 Tasks**

- The Dance--High speed, short radius turns, Park and Pipe
- Accelerated Falling leaf on groomed Black runs focus on U/L Body Sep.
- Switch Funnel Turns on Steeper Blue runs

### **Teaching**

- Taking Concepts such as Upper/Lower Body separation and Changing Pivot Points and addressing multiple applications
- Teaching upper-level students and/or training newer ASB instructors
- Review Different Guiding Techniques and create you own (example guiding from above, below, and side-to-side)
- Communication Skills must be specific, directed and concise to meet the needs of the any adaptive student
- Fine Tuning Techniques for Cognitive Students
- Setup and Progressions for Students with Combined Disabilities

### **Movement Analysis**

- Must be able to recognize the movement patterns general to the disability and specific to the student and make changes accordingly
- Must understand the proper and safe use of any equipment used in an adaptive snowboard lesson
- Must have overall understanding of the benefits and limitations to the equipment available to assist the adaptive student
- Must have the creativity to develop new tools, toys, and applicable techniques that might assist an adaptive student

### **Disability Comprehension**

- Must have a comprehensive knowledge of categories of disabilities (Cognitive, Physical, Neurological) as well as an understanding of
- Must have a comprehensive knowledge of the categories of medications, possible side effects, and for which disabilities those medications could and would be used