**Adaptive Snowboard Level 1 VI/COG Take Home Assessment**

\*Please bring the completed assessment to your on-snow assessment day.

Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Multiple Choice:

1. As an instructor you need to consider a student’s motivations and desires, the emotional state, their beliefs, and their values and how these might influence their behavior. This is part of the:

 A. Cognitive Assessment

 B. Affective Assessment

 C. Physical Assessment

1. Questions you may ask a student or care giver such as: “What are your interests? Do you like written instructions or verbal?” Are all examples of:

 A. Cognitive Assessment

 B. Affective Assessment

 C. Physical Assessment

1. The four steps in the “four step plan to success” are:

 A. Still, Moving, Linked, Riding

 B. Static, Simple, Complex, Freeride

 C. Equipment, Walking, Moving, Riding

 D. Easy, Complex, Linked, Freeride

1. Terrain and snow conditions are a concern:

 A. When teaching beginner students

 B. When making your plan for the day

 C. When teaching higher level riders

 D. All the above

1. The Adaptive Teaching Cycle has several components that:

 A. Should be used in a linear presentation.

 B. Should be presented to avoid confusing students.

 C. Have some order but remain flexible to meet customer needs.

 D. Can be used in random order.

 E. A and B

1. A sensory preference in which the student learns best by seeing or watching is:

 A. Multiple intelligence

 B. Sensorimotor

 C. Visual

 D. Linguistic

1. While guiding, the term ‘hold’ or ‘holding’ means:

 A. To go straight down the hill

 B. Staying to either left or right turns only.

 C. Keep the rider moving in the direction & position they are currently in.

 D. For both instructor and student to hold hands through the turn.

1. When an individual is born with a disability, it is:

 A. Cognitive

 B. Congenital

 C. Degenerative

 D. Developmental

1. What disability is cervical instability a concern?

 A. Autism

 B. Williams Syndrome

 C. ADHD

 D. Downs Syndrome

1. Autism affects which three categories the most:

 A. Socialization, communication, and interests.

 B. Intelligence, community, and physical abilities.

 C. Needs, balance, and desires.

 D. Thinking, desires, and strength.

1. What tool(s) will help a visually impaired student ‘know where they are **physically** in space’ or their proprioception:

 A. Outrigger(s)

 B. Bamboo Pole/Kahuna Stick/Ski Pole

 C. Radio

 D. All of the Above

 E. A and B

True or False Questions

T F 12. Students who are blind and visually impaired should always be guided from the front.

T F 13. Developmental disabilities encompass both physical abnormalities and/or cognitive processing difficulties which become evident during the developmental period of life.

**Disability Awareness Questions**

Matching: Match the following words with their definition. Each definition is used only once.

14. \_\_\_\_Glaucoma **A**. An umbrella term commonly used in educational settings to describe severe, chronic, and frequent social emotional, or behavioral functioning that departs from generally accepted norms.

15.\_\_\_\_ Aphasia **B.** Spectrum of neurological disorders defined by symptoms that include problems with communication and behavior

16.\_\_\_\_Down Syndrome **C.** Inability to understand or utilize words and their meanings.

17.\_\_\_\_Autism **D.** Chromosomal abnormality exhibiting development delay in combination with other birth defect.

18.\_\_\_\_Macular Degeneration **E.** A group of diseases that can develop in one or both eyes, in which the eye’s optic nerve is damaged. Frequently due to an increase in pressure resulting from increased eye fluid.

19.\_\_\_\_Traumatic Brain Injury **F.** A progressive, incurable condition in which the degeneration of the central portion of the retina leads to loss of sharp focus.

20.\_\_\_\_Emotional Behavior Disorder **G**. Injury to the brain that occurs after birth caused by an external force.

15 Questions or more correct = Pass 75%

14 or less questions correct = Fail