



Adaptive Snowboard Level 1 Assessment Form

Name
Date
Location
Examiner(s)

Attained Level 1 Certification

Did Not Attain Level 1 Certification

Instruction **Attained** **Did Not Attain**

Written Score
 (1: 0-50% 2: 51-64% 3: 65-74% 4: 75-85% 5: 86-95% 6: 96-100%)

Instruction Quiz

Client/Instructor Safety

Communication/Interaction Skills

Understands and Uses Responsibility Code

Practices Exercises and Progressions Presented

Adds to Group: Asks Questions/Participates

Professionalism

Understands Snowboard Progressions Level 1-4

Movement Analysis **Attained** **Did Not Attain**

Written Score
 (1: 0-50% 2: 51-64% 3: 65-74% 4: 75-85% 5: 86-95% 6: 96-100%)

Movement Analysis Quiz

Understands Snowboard M.A. Model

Understands Rotary Movements

Understands Pressure Control Movements

Can Explain Stance & Reference Alignments

Can Relate Concepts to Adaptive Students

Riding **Attained** **Did Not Attain**

Safety: Rides within Responsibility Code

Skidded Turns of Varying Size and Shape

Switch Skidded Turns Green Terrain

The Dance: Green Runs

Functional Riding Tasks

Flatland 360s

Disability Knowledge **Attained** **Did Not Attain**

Overall Understanding of Disabilities

Assessment of Students

Understanding of Teaching Concepts

Understanding of Learning Concepts

Understanding of Adaptive Equipment and Use

Comments

Large empty box for handwritten or typed comments.

To attain level 1 ALL SCORES MUST BE 4 or higher

This assessment is for members and the education staff to assess performance against the Rocky Mountain AASI standards. Proficiency in each element is scored using the following scale:

1: Essential elements were not observed or not present.

2: Essential elements are beginning to appear.

3: Essential elements appear, but not with consistency.

4: Essential elements appear regularly at a satisfactory level (≥75% of the time).

5: Essential elements appear frequently, above required level (≥85% of the time).

6: Essential elements appear continuously, at a superior level (≥95% of the time).