



ROCKY MOUNTAIN DIVISION
Professional Ski Instructors of America
American Association of Snowboard Instructors

Adaptive Snowboard Level 1 Instructor Training Course Outline

Prerequisites: PSIA/AASI Membership.

Credits: 3

Days: 3

Fee:

This three-day clinic will introduce candidates to teaching Snowboarding to students with special needs. It is intended as a broad overview of teaching snowboarding and of some of the disabilities you will encounter and will include a verification of your riding as well as teaching skills. The AASI-RM Adaptive Snowboard Resource Guide is available on-line and it is highly recommended that you read this prior to Day 1 of the clinic.

Day 1- Riding: This clinic covers riding, first day through skidded turns (Levels 1 – 4). Personal snowboarding skills will be developed in bumps, carving, fakie riding, freestyle and demonstration images. Technical aspects of the sport will be covered in relationship to their impact on effective riding. This clinic will include ASB specific Riding Tasks and a verification of riding ability at the Level 1 Certified Standard

Day 2– Movement Analysis: This clinic provides a solid foundation of primary snowboarding skills and in-depth observation skills. Focus will be on delivering clear and concise descriptions of snowboarding movements in student-centered language and how those concepts relate to Adaptive Teaching. Cause-and-effect relationships and how movement analysis is integrated into the teaching model will be covered. Throughout the day we will also be discussing riding challenges specific to Students with Visual and Cognitive Impairments.

Day 3 – Teaching & more Adaptive Specialties: This clinic explores the many aspects of teaching snowboarding with special emphasis on understanding and using the Teaching Model with students. Skills covered include recognizing learning styles and developing teaching progressions and adapting those to the special needs of our students. A variety of progressions as well as adaptive teaching aids will be explored.