



ROCKY MOUNTAIN DIVISION
Professional Ski Instructors of America
American Association of Snowboard Instructors

Adapted Alpine RMT Assessment Preparation Workshop

Audience: Current PSIA-AASI-Rocky Mountain Members with Adaptive III certification and experience as an instructor trainer in adapted alpine skiing.

Discipline: Adapted Alpine

Time: 2 Day Credits: 12 CEU's.

Setting: This session will take place on all parts of the mountain.

Course Description: A two-day workshop format session focusing upon skills needed to be an effective instructor trainer in the adapted snowsports industry.

Prerequisite skills:

Level 8 or higher skiing: Participants can most anyplace on the mountain.

Overall Objectives:

1. Create an environment that meets the needs of the instructor as learner in introductory through advanced concepts of adapted alpine skiing.
2. Perform a variety of assessment processes and provide technical-based feedback on personal and adapted alpine discipline skiing of attendees.
3. Plan and present engaging and innovative training sessions applicable to a variety of adapted alpine topics while providing manageable and meaningful feedback to attendees.

Sample Activities:

- Investigate safety practices for guests and instructors regarding use of appliances and equipment
- Explore use of various learning platforms to support education of instructors with diverse learning preferences
- Demonstrations of adapted discipline and alpine tasks and movements to meet a variety of learning preferences
- Feedback strategies for individual and group information
- Group dynamics management and on-mountain training group handling

Materials Needed:

- Alpine ski gear

PSIA



AASI

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- Biski with hand-held and fixed outriggers, monoski with outriggers, stand outriggers, slider, adaptive devices
- Helmets recommended but required at VR sites