



ROCKY MOUNTAIN DIVISION

Professional Ski Instructors of America
American Association of Snowboard Instructors

Teaching Guests with Cognitive Diagnoses Clinic Describer Online

Audience: Current PSIA-AASI-Rocky Mountain Members instructing the public; prospective Level I adaptive alpine or snowboard candidates.

Discipline: All PSIA/AASI Disciplines; Adaptive Alpine

Time: Two 2.5 hour sessions plus homework **Credits:** 6 CEU's **Note:** You must be present for both classes to receive PSIA credit. There is no makeup session and there are no recordings of the sessions.

Setting: Online interactive format

Course Description: This interactive clinic serves as a base for any ski or snowboard instructor seeking information on effectively connecting with and teaching guests in typical or adaptive lessons who may have mild to significant cognitive related challenges from stroke survivors to children with Autism Spectrum Disorders. Due to the increasing prevalence of inclusion of students with cognitive diagnoses in typical educational and activity classes, this clinic is valuable for all snow sports instructors. Instructors preparing for adaptive certification will find this course especially helpful.

Prerequisite skills:

Familiarity with computer or mobile device use

Overall Objectives:

1. Identify some of the most prevalent cognitive diagnoses and associated medications guests have in snowsports lessons
2. Perform a student assessment
3. Create an exercise line (progression) for a student with a cognitive diagnosis
4. Use teaching models, such as the Teaching/Learning Cycle and Learning Styles
5. Incorporate Maslow's Hierarchy of Needs into your lessons to make the lessons effective and satisfying for your students

Sample Activities:

- Cognitive diagnoses empathy activity
- Brain function use
- Diagnoses and considerations in snowsports

PSIA



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- Guests operating in various levels of Maslow's Hierarchy
- Your learning preferences
- Sensory languaging
- Connecting with guests and augmentative communication

Materials Needed:

- Desktop or mobile device with display, speaker, microphone, and webcam capabilities
- Consistent Internet access