



ROCKY MOUNTAIN DIVISION
Professional Ski Instructors of America
American Association of Snowboard Instructors

Successful Lessons for Guests with Behavior Challenges Clinic

Audience: Current PSIA-AASI-Rocky Mountain Members in any snowsports discipline;
Prospective adaptive alpine or snowboard Level 1 candidates

Discipline: Adaptive Alpine

Time: 1 Day Credits: 6 CEU's.

Setting: This session will take place on groomed and ungroomed green and blue runs and possibly groomed black runs.

Course Description: This 1-day session is geared for PSIA instructors of any discipline looking to gain a deeper understanding of the unique attributes, abilities, and challenges of snowsports lesson guests. Learn how to perform a simple assessment to gather information on cognition, communication and learning preferences, behavior considerations and safety precautions. Practice using this information to create and implement pathways to successful lessons for these distinctive learners.

Prerequisite skills:

Level 6 or higher skiing: Participants can ski groomed and ungroomed green and blue terrain and easy black runs.

Overall Course Objectives:

1. Perform an assessment process to gain information pertinent to cognition, behavior, goals, skill, and preferred communication and learning systems.
2. Identify teaching methodologies that address the learning needs of guests with learning disabilities.
3. Recognize at least 3 behavior management strategies and how they can be employed in lesson situations for guests with a behavioral health component to their diagnosis.

Sample Activities:

- Guest assessment processes relative to cognition and behavior
- Communication strategies and supports for guests
- Teaching methodologies to match guest characteristics and needs
- Behavior management strategies to support guest safety, fun and learning
- Safety challenges and solutions for guests and instructors



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Materials Needed:

- Ski or snowboard gear
- Helmets recommended but required at VR sites