



ROCKY MOUNTAIN DIVISION
 Professional Ski Instructors of America
 American Association of Snowboard Instructors

Adaptive Alpine and Snowboard Instructor Mentoring Opportunities

Individual Mentoring Package
<i>1 hour session for \$70</i>
<i>2 hour session for \$100</i>

Audience: Adaptive instructors of any experience level

Discipline: Adapted alpine or snowboard

Time: 1-2 hour segments with specific time and dates to be based upon learning outcomes set

Credits: 1-2 CEU's with credit based upon learning outcomes and time (all sessions must be attended; partial credit will not be awarded)

Setting: Virtual

Course Description: Individual mentoring sessions with an expert in adaptive snowsports instruction and training will help mentees achieve their goals in adaptive education knowledge, understanding, and application. Topics covered may range across adaptive ski and snowboard disciplines and support certification preparation, teaching guests with specific needs, use of adaptive equipment, training staff and volunteers, safety and risk management, and more. The mentoring session will be built by the mentee and mentor to include mentee learning outcomes, learning activities to support outcomes, and appropriate amount of session time needed by mentee to acquire ownership of the stated outcomes.

Prerequisite skills: Familiarity with computer or mobile device use

Learning outcomes are set by the mentor and mentee relative to a designated adaptive topic. See example below:

Upon completion of mentoring session(s) the mentee will be able to:

- Identify risk and safety management components associated with the topic area
- Select and fit adaptive equipment related to the designated topic area
- Apply PSIA/AASI's Learning Connection concepts to the topic area
- Design lesson plans based upon the movement needs of guest with a disability
- Integrate technology applications into lessons for guests with varying diagnoses, orthopedic equipment, and adaptive snowsports equipment

PSIA



AASI

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Sample Learning Activities:

- Exploration of diagnoses and medications for situational application
- Review safety plans and implementation for specific adaptive disciplines or groups
- Practice guest assessment processes for adaptive equipment selection and fitting – stand or sit
- Skill development plan discussion and creation
- Lesson presentation simulations
- Video review for gait understanding and application to snowsports, MA, discipline skiing skills, other
- Explore specific technology support tools for snowsports participants with varying cognitive, affective and physical diagnoses
- Module specific Professional Development Log Review

Materials Needed:

- Desktop or mobile device
- Consistent Internet access