



**ROCKY MOUNTAIN DIVISION**

Professional Ski Instructors of America  
American Association of Snowboard Instructors

## **Adapted Alpine Level III Assessment Preparation Workshop**

**Audience:** Current PSIA-AASI-Rocky Mountain Members with Adapted Alpine Level II certification.

**Discipline:** Adapted Alpine

**Time:** 3 Days Credits: 18 CEU's.

**Setting:** This session will take place on terrain of all types and in varying conditions.

**Course Description:** A three-day interactive workshop addressing comprehensive guest assessment relative to equipment selection, set-up and use in broader applications; upper level skill development in personal and adapted alpine discipline skiing; and strategies to meet the unique learning needs of guests with a wide variety of diagnoses.

**Prerequisite skills:**

Level 8 or higher skiing: Participants can ski advanced terrain.

**Overall Objectives:**

1. Implement an assessment process to support the selection and fitting of adaptive equipment to meet the physical, affective, and cognitive needs of guests with a variety of diagnoses or those with multiple diagnoses.
2. Exhibit technical knowledge to appropriately address skill development of the guest in all adapted alpine skiing disciplines.
3. Demonstrate appropriate blend of teaching strategies to support cognitive and physical learning by guest.

**Sample Activities:**

- Advanced assessment processes for use in determining guests' physical attributes and needs to support adapted equipment use and adapted teaching methodologies.
- Technical application and personal use of adapted alpine ski equipment and appliances; on-snow practice
- Application of teaching methodologies to meet the learning needs of guests with multiple diagnoses.
- Practice personal skiing with focus on technical accuracy in free turns and designated tasks.

**PSIA**



**AASI**

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Materials Needed:

- Personal alpine ski gear
- Biski with hand-held and fixed outriggers, monoski with outriggers, stand outriggers, slider, adaptive devices
- Helmets recommended but required at VR sites