

GCT™ SKIER ADAPTIVE EXAM ASSESSMENT WORKSHEET

Name:

Age:

Disability:

Skiing Experiences

	MOTIVATIONAL NEEDS	UNDERSTANDING NEEDS	MOVEMENT NEEDS
I D E N T I F I C A T I O N	<p><i>What does guest want (expectation and why do they want it?)</i></p>	<p><i>What does guest know about skiing, and what are their learning preferences?</i></p>	<p>Ski Performance - Body Performance “Effect” “Cause”</p> <p>MA: One skill through the phases of the turn or all skills in one phase (examiners choice of phase).</p> <p>Initiation:</p> <p>Shaping/Control:</p> <p>Finish:</p>
F A C I L I T A T I O N	<p><i>How will the activities of the lesson be relevant to the guests motivational needs?</i></p>	<p><i>How will you create a new understanding of skiing for your guest?</i></p>	<p style="text-align: center;">Prescription for change:</p> <p><i>Activities which will meet guests Movement needs?</i> <i>How will these new movements help the guest meet their goals/ outcome?</i></p>