



Clinic Topic: Experiential Learning Freestyle: Jibs are not just for kids

Audience: RMT Candidates/ Resort Trainers

Time: 2.5 hours

Main Goal: RMT candidates and Resort Trainers will explore and practice strategies for making training (and lessons) more fun using experiential settings through freestyle.

Objectives To Meet The Goal:

- Participants will share personal challenges in their Clinic Leading they would like to overcome (Motivational)
- Participants will demonstrate understanding of some elements of experiential learning by recalling the elements of the process (cognitive).

Activities:

- Warm up, get to know group. Ask members to share some goals for their clinic leading
- Have group choose a few freestyle maneuvers to session.
- Jump into a Session format using these maneuvers. Session format is one where we as a group will play through a maneuver(s) and I (we) will find a teaching aspect from it.
- This not so much me teaching you but us learning though doing and what it takes to make “it” happen
- Ask group, paying attention to the process to reflect back the steps we went through
- How was this different from a “inform/tell/show” type presentation
- How does the Experiential process allow the learner more opportunities for deeper understanding, retention and broader application?