



PSIA-RM-AASI



Rocky Mountain Trainer

Discipline: Children

Time: 2 days

Setting: On Snow and Indoor

Course Description:

This course is designed to verify a candidate's ability to develop and lead children's clinics at their home resort. They will also prepare snow sport instructors to be successful in any of RM's Child Specialist products. A successful candidate will pass all sections of the exam and become a Children's Rocky Mountain Trainer. Candidates will be asked to lead multi-discipline on snow clinics, demonstrate level appropriate children's movement analysis, and lead indoor presentations. Candidate's workbooks will be reviewed and examiners will choose one of the clinic outlines from the workbook for the candidate to lead. Clinic leading and presentations will focus on experiential learning using creative and movement based learning activities to share knowledge.

Prerequisites:

Current L3 certification (any discipline)

Children's Specialist 2

401 - Indoor Clinic Leading & Presentation Skills or Snowboard Trainer Prep

401- On Snow Children's Clinic Leading

RMT workbook completion

25 hours of clinic leading at your home area (verified by Training manager or Director)

Requirements:

Pass all sections (no partial passes)

Current on Dues and Credit Hours

Objectives:

- Candidates will lead on snow children's clinics, demonstrating experiential clinic leading and accurate technical information. (Cognitive, Affective & Psycho-motor)



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- Candidates will involve and engage the audience of indoor presentations to create an open learning environment. (Affective)
- Candidates will demonstrate active & creative Movement Analysis coaching (Cognitive, Affective)
- Candidates will demonstrate a basic understanding of Objective Based Training by turning in an objective with ABCDE components with each presentation. (Cognitive)
- Candidates will demonstrate their ability to prepare instructors for PSIA-RM Children's products through on snow and indoor presentations.

Process:

- Lead an on snow children's clinic (one hour)
- Demonstrate a CS1 and a CS2 movement analysis
- Give a 15 min indoor children's training presentation
- Examiners may ask the candidate to lead a prepared clinic from their workbook at any time during the selection.

Materials:

- 1. Children's Instruction Manual; PSIA**
- 2. Core Concepts for Snowsports Instructors; PSIA publication 2001**
- 3. Technical Skills for Alpine Skiing; Post-Foster, Ellen; Turning Point Ski Foundation.**
- 4. Vail/Beaver Creek Children's Alpine Teaching Handbook; Vail Resorts - available through PSIA National Website.**
- 5. The Complete Encyclopedia of Skiing; Barnes, Bob; Snowline Press 1999**
- 6. PSIA-RM Children's Knee High Knowledge Handout; PSIA-RM website under Children's materials.**
- 7. Captain Zembo's Ski & Snowboard Teaching Guide for Kids; Alderson, John; PSIA 1996**
- 8. Captain Zembo's Ski Teaching Guide for Kid's; Alderson, John; PSIA 1983**
- 9. Park and Pipe Instructor's Guide; PSIA Publication 2005**



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10. *Any Information relating to Parks and Pipes!**

11. *Common Sense as a Resource!**

OTHER NON-SKI RELATED PUBLICATIONS

1. In Their Own Way: Discovering and Encouraging Your Child's Personal Learning Styles; Armstrong, Thomas; Marcher, J.P.

2. Coaching Young Athletes; Martin, Christina, Harvey Sharkey; Human Kinetics, Inc.

3. A Kick in the Seat of the Pants; Von Oech, Roger; Harper Perennial 1986

4. Frames of Mind; Gardner, Howard; Basic Books 1983